

# GOSFORD EAST PUBLIC SCHOOL

Cnr York & Webb St's East Gosford NSW 2250

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Term 1 – Week 10

Wednesday 29<sup>th</sup> March 2017

## **FROM THE PRINCIPAL...**

### **Amy and the World's Greatest Shave**

Last Wednesday Amy McCartin had her shaved to support the World's Greatest Shave. We supported this by having a crazy hair day at our school and raised \$687.45 which is one of the biggest fundraisers for charity that we have ever done. I have known Amy since she was very little and to see a young lady get her beautiful and long hair cut off not only shows much bravery she has but also the dedication to a cause that is very close to her heart. Kate, Amy's sister, lost her battle with cancer a few years ago. Kate was a very much loved member of not only our school community but Erina High and East Gosford RAMs Football Club as well. I congratulate Amy and thank her for raising money for this most worthwhile cause. My daughter raised money for Amy in her workplace in Sydney so both Kate's and Amy's impact is far and wide. Amy's parents, Sam and Craig, must be so proud of her. We thank you for your support in this fundraising and I am sure if you would like to donate further we will pass these funds on.

### **Weather**

As you know we have gone from having heatwaves until now where we have had so much rain. The rain has obviously impacted on the students being able to play on the oval. Where possible we do try to get them onto our asphalt areas to play.

### **Cross Country**

This Friday hopefully we will be able to hold our Cross Country Carnival. If it rains as much as predicted tomorrow we doubt we will be able to hold it due to the condition of the oval and the track. We will put the information on our School App on Friday Morning.

### **Responsible Pets**

Last Wednesday we had the Responsible Pets program at our school. This is a very beneficial program as it reinforces safety around animals and how and when to pat a dog.

### **Harmony Day**

Last Friday we held our annual Harmony day assembly. We have many different nationalities and cultures in our school and it is important that we celebrate the diversity. We have a great country and our school shows how so many different cultures can work so well together.

**Graeme McLeod- Principal**

## Dates for your calendar

*REMEMBER - Canteen opened Thursday and Friday*

Day	Date	Event
Monday	Every week	Student Banking
2 <sup>nd</sup> Tuesday	Every month	P & C meeting in staffroom 7:00pm – All Welcome!
Friday	Every week	Uniform Shop 8:45am – 9:15am
Friday	Every week	School Assembly from 1:45pm

TERM 1		
Thursday	30 <sup>th</sup> March	Photo Catch Up Day
Friday	31 <sup>st</sup> March	Cross Country
Monday-Friday	27 <sup>th</sup> -30 <sup>th</sup> March	Book Fair
Friday	4 <sup>th</sup> - 7 <sup>th</sup> April	Rumbalara Excursion

NSW GOVERNMENT SCHOOLS TERM DATES		
	STUDENTS' FIRST DAY	STUDENTS' LAST DAY
Term 1 2017	Monday 30 <sup>th</sup> January 2017	Friday 7 <sup>th</sup> April 2017
Term 2 2017	Wednesday 26 <sup>th</sup> April 2017	Friday 30 <sup>th</sup> June 2017
Term 3 2017	Tuesday 18 <sup>th</sup> July 2017	Friday 22 <sup>nd</sup> September 2017
Term 4 2017	Monday 9 <sup>th</sup> October 2017	Friday 15 <sup>th</sup> December 2017

## STUDENT CORNER – Weeks 8 & 9

**CAUGHT YOU BEING GOOD:** Eloise, Kaden, Cherry, Heidi, Aarhus, Thomas, George, Kiara, Roseanna, Anuj, Ashton, Angel, Addison, Riley, Aaron, Tanishka, Emily, Kayde, Lachlan, Ashlee, Finn, Hamish, Kody, Ella, Poppy, Levi, Shyla, Alana, Will, Zara, Mia, Quinn, Bodie, Amelia, Gemma.

**QUALITY WORK:** Blair, Liana, Scarlett, Katie, Bianca, Zoe, Paul, Zoe, Phoenix, Emmett, Sophie, Corey, Cash, Inda, Tania, Charlotte, Connor, Emily, Madison, Sean, Caitlyn, Kynan, Kaden, Ghazal, James, Zac, Ashlyn, Peta, Charlotte, Jake, Melissa, Esme, Conor, Macauley, Tanishka, Harper, Shyla, Oliana, Hamish, Phoebe, Taitem, Lachlan, Ronan, Byron, Max, Isabel, Sophee, Acacia, Mia.

**HOUSE OF THE WEEK:** Warrimoo

### **MERIT AWARDS:**

KF – Matilda & Quinn ; KM- Poppy & Amaya; 1R – Lilliana & Charlee; 1T – Heidi ; 1/2H – Eli & Charlie;  
2C – Kobi & Tananka; 2J – Addison & Darcy; 3/4T – Kayden, Sophia & Emily; 3/4E – Gianni & Stevie; 3/4S – Tyler & Ethan; 4/5B – Gemma & Ava; 5/6M – Koby & Flynn ; 5/6S – Kieran & Kiara ; 3-6M - Lilly & Scarlett; K-6J – Zoe, Mark & Jethro; K-6W – Max & Sam.

## NOTES HOME

- Choral Festival
- Easter Hat Parade



## ART EXHIBITION

### Central Coast Regional Show – Art Exhibition

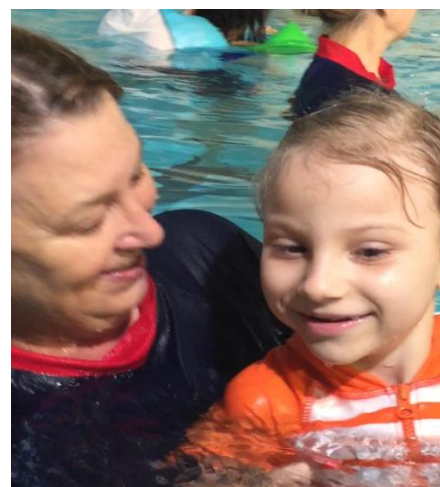
The students of Gosford East have been invited to enter their art in to the Central Coast Regional Show. If you are interested in doing this **please see the office for an entry form**. There is a \$5 entry fee and the chance to win a \$50 Eckersley's Gift Voucher. Entries due: Friday 8<sup>th</sup> April.

## SPECIAL SWIM SCHEME

During weeks 7 and 8 the three support unit classes enjoyed the intense swim scheme program. The students of GEPS showed a lot of improvement in their water safety and swimming techniques. For some it was an opportunity to relax and be comfortable in the water, for others, it was about progressing their ability. To see some of the students performing some wonderful freestyle and breaststroke by the end of the second week was very pleasing. Students are to be congratulated, not only for their efforts, but the way in which they represented the school. Well done!

Oh and to the teaching staff, who worked tirelessly over the two weeks to ensure safety, participation and enjoyment!

Gotta love this school!



### Active Students, Active Minds

Current research has proven that physical activity is vital for kids' health and wellbeing. A child's cognitive, cardiovascular, pulmonary, psychological and social systems are benefited from participation in physical activity.

**Did you know???** 80% of children spend more than 2 hours each day in screen recreation on weekends. (*Active Healthy Kids Australia*). **Additionally!!!** Children and young people should accumulate at least 60 mins of moderate to vigorous intensity physical activity every day.

**12000 steps per day: 6 – 17 year olds** (*Presidents Council on Fitness and Sports*)

## SCHOOL ATTENDANCE

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.' (*NSW Dept. of Education and Communities*)

Further information regarding school attendance can be obtained from the following website:

<http://www.schools.nsw.edu.au/studentsupport/programs/attendance.php>

# PBL

During week 9 we have discussed appropriate behaviour when using the school crossing. We know that we...

- ✓ We show **respect** by waiting on the footpath and listening carefully.
- ✓ We are **responsible** by crossing when Mrs Hadley or Mrs Stefani invite us to cross.
- ✓ We show that we are good **learners** by being a positive ambassador for our school, by following community rules and saying please and thank you.

Over the next fortnight we will be focusing on positive behaviours we see when we are representing our school.

- ✓ We show **respect** to ourselves and others by being respectful towards community members, displaying sportsmanship and accepting the decision of the official.
- ✓ We are **responsible** because we wear the appropriate school uniform including a hat and we board and exit transport safely.
- ✓ We show that we are good **learners** because we know and follow the rules of the game.

At Gosford East Public School we are Respectful, Responsible Learners!



## OPAL CARDS - BUS USE

28/03/2017

To School Principal and Student Admin.

### School Opal Cards

We are still having some students that are not using their Opal card or taping on /off the bus.

Or

Some students have an OPAL card that is NOT working, while some students have lost them. These students / parents need to go online and order a replacement card. When ordering the replacement card students / parents need to print the receipt to show the bus driver until the new card arrives.

If student doesn't show a current working OPAL card student should be paying a fare.

### School Radial Area

If a student lives inside the Radial area of the school, and is in Year 3 and above you need to pay a fare.

If you have applied for a school OPAL card and have been knocked back you need to pay a fare until you have been given approval.

Could you please put the attached OPAL information in your school Newsletter

Thanks for assistance

Regards

Stephen O'Brien

SSTS - Manager



Dear Parent/Guardian

To travel on the bus your child requires a valid ticket. To ensure this we require your assistance with the following matter:

- ☐ Error code 93 or 85 – Card not valid  
Either ring 131500 for assistance or apply for a replacement pass at <https://apps.transport.nsw.gov.au/ssts/reportPass>
- ☐ Report loss or stolen School Opal Card  
Either ring 131500 for assistance or apply for a replacement pass at <https://apps.transport.nsw.gov.au/ssts/reportPass>
- ☐ Error code 65 – Not approved for this service  
Either ring 131500 for assistance or update details at <https://apps.transport.nsw.gov.au/ssts/updateDetails>
- ☐ Apply for School Opal Card  
Either ring 131500 for assistance or apply online at <https://apps.transport.nsw.gov.au/ssts/howToApply>
- ☐ Purchase School Term Bus Pass  
Either ring 131500 for assistance or purchase online at <https://apps.transport.nsw.gov.au/ssts/termBusPass>
- ☐ Pay a fare using Opal Child/Youth Card  
Either ring 131500 for assistance or go to the website at <https://www.opal.com.au/en/about-opal/types-of-opal-cards/#Child-Youth>
- ☐ Purchase a single Opal Ticket  
\$1.20 \$1.90 \$2.30  
<https://apps.transport.nsw.gov.au/ssts/home>

131500

## HARMONY CORNER

1 April	<a href="#">Bundanoon is Brigadoon</a>	For a day each year Bundanoon, in the Southern Highlands, becomes a Scottish town, Brigadoon and hosts a Scottish Highland gathering with pipe bands, games, clans and dancing.
6 – 19 April	<a href="#">Sydney Royal Easter Show</a>	The Sydney Royal Easter Show is Australia's largest annual event, attracting close to 900,000 people each year. It is a celebration of Australian culture, from our rural traditions to our modern day lifestyles, and includes agricultural competitions, animal experiences and entertainment. The Show was first held in 1823 and is run by the Royal Agricultural Society of NSW (RAS), a not-for-profit organisation that promotes and rewards agricultural excellence. Revenue generated through the Show allows the RAS to invest in agricultural programs, competitions, education, youth and rural NSW.

## CANTEEN NEWS

As the term is coming to a close please ensure any orders next week have a second option as we run low on stock to avoid wastage.

Suppliers of LOL drink are still having issues and the only flavour available is raspberry.

Student volunteers have begun and they are a wonderful help, enjoying the responsibility of serving behind the counter. I'll let your child know on the morning of their shift.

Thompsons Fundraiser orders have been finalised and will be available for pickup on Thursday 6<sup>th</sup> April between 10-3pm. If you have any issues with pickup please contact me to organise an alternative. 0413 199 647

Thank you again to all my awesome volunteers this term. You have made my transition into running a Canteen so enjoyable and I feel so supported.

Hope everyone has a lovely Easter break and I'm looking forward to a wonderful Term 2.

Mel Hogston

Canteen Coordinator



# P & C NEWS

The 2017 AGM was held recently along with the March General Meeting. Following is the list of successful P&C positions:

**President** – Natalie Whineray

**Vice President** – Andrew Cocks & Kim Martin

**Secretary** – Anne Sykes-Hollowed

**Treasurer** – Ross Seabrook

**Canteen** – Sarah Hole

**Uniform Shop** – Kim Martin

**PBL** – Christine Seabrook

**Fete** – Sarah D'Arth

**P&C Delegate** – Kate Glasson

**School Banking** – Jess Schwetz

*We are in  
need of  
volunteers  
and helpers  
for both the  
sausage  
sizzle and  
the disco.  
Please  
contact Mel  
if you can  
help out on  
the night.*

**Wheeling & Able**  
Est. 1932  
*making kids mobile*

## School Disco

# RED & BLUE

This term the school disco will be held on Wednesday 5<sup>th</sup> April 2017.

This term's theme is red and blue!

Kindy & Stage 1	5:00 – 6:00pm	\$5.00
Stage 2 & 3	6:15 – 7:30pm	\$5.00

There will be a sausage sizzle on the night. Students will go into disco at the times listed above; other children must be supervised by the parents outside the hall.

Sausage Sandwiches	\$3.00	Soft drinks	\$2.00
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Each child will receive chips and a cup of cordial.

Any help on the night would be greatly appreciated.

**Mel Hogston**  
**P & C Committee member**

**The staff at Gosford East Public School** are happy to support School Discos by providing supervision during these events. Your co-operation would greatly assist us with providing a safe and enjoyable disco for your child.

- The discos are for current GEP students only. Students are to arrive no more than 10 minutes prior to their disco session and are to be collected promptly at the finish of their Disco session.
- No child will be permitted to play in the playground at any time during the disco evening.
- No parents are allowed into Hall until the Disco Finishes.
- If a child is not able to separate from their parents and happily attend the Disco under teacher supervision then they should not attend until they can.
- Children must wear suitable dancing shoes at all times and are not to bring balloons, toys or lollies.
- At the conclusion of the Disco, parents will be permitted into the Hall to collect their child. If another person other than their parent is collecting a child, then a note written by the child's parents authorising this arrangement, must be given to a supervising teacher.

The Teachers enjoy supporting the P&C with this Fundraising event and would appreciate parent's co-operation to ensure the Disco is fun and safe for all students. We hope that with P&C support we can continue to help provide a safe and successful event.

**The staff of Gosford East Public School**



# WORLD'S GREATEST SHAVE





# EPIPEN RECALL



## SAFETY ALERT

**TO:**  
**EXECUTIVE DIRECTORS**  
**DIRECTORS PUBLIC SCHOOLS NSW**  
**PRINCIPALS**  
**WHS MANAGERS**  
**WHS CONSULTANTS**

**SAFETY ALERT No. 65**

### PRODUCT RECALL - EPIPENS

Alphapharm in consultation with the Australian Therapeutic Goods Administration (TGA) has advised of the recall of EpiPens® 300mg Adrenaline Injection Syringe Auto-Injectors (Aust R42978). The batches affected are as follows:

Batch number	Expiry
5FA665	April 17
5FA6651	April 17
5FA6652	April 17
5FA6653	April 17

The recall is being undertaken as a precautionary measure due to the potential that these devices may contain a defective part that may result in the device failing to activate or the device requiring greater force than normal to activate.

Alphapharm has advised that the EpiPen Junior 150mg adrenaline auto injector and all other batches of EpiPens 300mg auto injectors are unaffected and are not subject to this recall.

#### Action Required:

All NSW government schools must take action to ensure that EpiPens® matching this recall are disposed of in receptacles for sharps or at the local pharmacy or hospital.

A replacement EpiPen(s) will be distributed to these schools in the week commencing 27 March 2017.

Where our records indicate that your school has an EpiPen subject to the recall, a refund from Alphapharm will be journalled back to your school in due course.

Schools must also review the batch number and expiry of all student EpiPen(s) held by the school. Where relevant, action must be taken to speak with students and their carers about the disposal and replacement of recalled EpiPens. Schools can provide parents/carers with the link below for further information regarding the recall and replacement program including that recalled stock returned to the local pharmacy will be replaced free of charge.

#### NSW DEPARTMENT OF EDUCATION

Level 9, 66-72 Rickard Road, Bankstown NSW 2200 T 02 9707 6226 F 02 9707 6289  
[www.det.nsw.edu.au](http://www.det.nsw.edu.au)

**Community Notices and Paid Advertising:**

This school newsletter contains paid advertisements which assist with the cost of publication. The publication of such advertisements does not imply endorsement of any product or service by the NSW DEC or Gosford East Public School.



## Patonga Beach Easter Fete

**Easter Saturday 15<sup>th</sup> April 2017**  
**9am – 1pm**  
**At Patonga Progress Hall**  
**Cnr Bay & Brisk Streets, Patonga.**

Chocolate Wheel with Easter Eggs, Raffle Prizes,  
Sausage Sizzle,  
Good Ol' Fashioned Devonshire Teas,  
Market Stalls with Cakes, Handicrafts, Antiques &  
Collectibles, Jewellery, Beauty Products, Gifts, Plants,  
Books, Bric a Brac and much more!

*Come along and have a great family  
day out at beautiful Patonga!*

Enquiries Ph: Judy on 0418 993417  
Patonga Beach Progress Association Inc



**cordi properties**

Cordi Properties has teamed up with Gosford East Public School

For any parent, family or friend that is part of our wonderful school, Cordi Properties has pledged to donate \$500 back to the school on settlement of your property

So if you have been thinking of selling and are part of our school community, please feel free to call Michael on 0452 182 063 to have a chat

*"Supporting the stars of the future"*

If you are not thinking of selling but still would like to know what your property is worth in this current market please give Michael a call and he would be more than happy to give you a free update

Feel free to like his facebook page:

[www.facebook.com/cordiproperties](https://www.facebook.com/cordiproperties)



# SPEND for your SCHOOL

6th March – 23rd April 2017

Spend \$20 or more at selected retailers to redeem tokens for your school. The schools with the most points will win:

1st Place: \$3,000 | 2nd Place: \$1,500 | 3rd Place: \$500

Orange token

**\$20**

or more  
equals 1 point

Red token

**\$30**

or more  
equals 2 point

Green token

**\$50**

or more  
equals 3 point

Token deposit box is located outside Woolworths.  
Tokens can be collected from centre management.

## PARTICIPATING SCHOOLS:

1. Gosford Public School
2. Gosford East Public School
3. Wyoming Public School
4. Our Lady of the Rosary Wyoming
5. Chertsey Primary School
6. St Patrick's Catholic Primary School
7. Niagara Park Primary School
8. Niagara Public School
9. Valley View Public School
10. St Phillips Christian College







Selected retailers only. See centre management for full terms & conditions.

171 Mann Street, Gosford | (02) 4324 4299 | [www.imperialcentre.com.au](http://www.imperialcentre.com.au) | [/imperialcentregosfordcbd](https://www.facebook.com/imperialcentregosfordcbd) | [@imperialcentregosford](https://www.instagram.com/imperialcentregosford)

## HOLIDAY FUN

## CENTRAL COAST HOLIDAY ACTIVITIES

April 2017

	AGE+COST	DATE+LOCATION
 <b>CIRCUS SKILLS</b> – Clown around! Ride a mini clown bike, spin a plate on a stick, use a flower stick, have a juggling lesson, walk the slackline, and more! Learn to make your own balloon animal or flower to take home.	6-12 years \$43	10am – 1pm 20 April Niagara Park
 <b>CIRCUS AERIAL WORKSHOP</b> – Aerial skills are great fun! Have a go on the aerial hoop, the static trapeze and the silks. You will need to arrive on time to warm-up before participating in the aerial skills. *Aerial apparatus may change without notice depending on availability.	8-16 years \$34	10am – 11:30am 20 April Niagara Park
 <b>GYMNASTICS INTRODUCTION</b> – 2 day program (indoor). This introductory program includes basic fundamental movement and gymnastic skills. Learn apparatus safety in a fun and friendly environment with accredited coaches.	5-12 years \$30	12pm – 2pm 10 – 11 April Berkeley Vale
 <b>PARKOUR (INDOOR)</b> – A non-competitive physical discipline of training to move freely over and through any terrain/surface. Running, jumping and climbing improves functional strength, fitness, balance, spatial awareness, agility, coordination, precision, control and creative vision. When booking, please advise your child's experience (if any) with Parkour.	7-13 years \$20	2pm – 4pm 11 or 18 April Berkeley Vale
 <b>SURFING</b> – 3 day program (1.5 hrs each day). Learn to surf with Central Coast Surf School in a fun, safe environment with professional experienced instructors. Soft surfboards, wetsuits, rash vests and sunscreen are supplied.	7-16 years \$95	Times vary 12 – 14 April (public holiday) or 19 – 21 April Umina Beach or Avoca Beach
 <b>TENNIS WYONG</b> – 3 day program. This clinic caters for all levels. It covers all aspects of the game including court etiquette, technique and rules of the game. Enjoy games, mini-tournament and a small party on the last day.	5-16 years \$72 (third sibling half price \$36)	9am – 11:30am 10 – 12 April Wyong

[sportandrecreation.nsw.gov.au/centralcoast](http://sportandrecreation.nsw.gov.au/centralcoast)  
13 13 02 or 02 4362 3184