

Gosford East Public School

Cnr York & Webb St's East Gosford NSW 2250

Tel: (02) 4325 2178 Fax: (02) 4323 6930 Email: gosfordest-p.school@det.nsw.edu.au



Term 2 – Week 10

Wednesday 29th June 2016

FROM THE PRINCIPAL...

Dear Parents and Carers,

Winter Vacation

It has been a very busy term and so much has been happening in and out of the classroom. Our Winter Vacation starts this Friday. Students return to school on **Tuesday 19th of July**. Staff will return on Monday 18th July and will be attending Training and Development at Woodport Public School looking at the new Geography Curriculum. Our school office will be open on Monday 18th of July.

Dance Groups

Congratulations to our Senior Dance Group that performed last Thursday at Laycock Theatre. They were sensational and I was so proud of them. Thank you to the many parents that supported their kids - I am sure they enjoyed their performance. Our Junior Dance Group will be performing at Laycock this Wednesday Night. I am very much looking forward to them performing as well. A huge thank you to Angela Boyd and Linden Connell for all of their hard work in preparing our groups for their performances.

Rugby League

Congratulations to our Junior Rugby League that played last week. They played extremely well and Mr Wilkinson told me how proud he was of them. They played both teams that ended up in the Grand Final so it is a very good effort for a school the size of ours.

Disco

Thank you to the parents and staff that helped at the disco last week. We had good numbers despite it being the State of Origin Night. We had a large roll up of staff, and I thank them very much, particularly as they have spent countless hours after school writing reports.

Boccia

Congratulations to our Boccia team, which comprises of students from our Support Classes. They played very well in the Zone championship, coming second. They did beat Henry Kendall High School which is our yearly goal. Thanks to Mrs Wright for all her training and preparation of our team

NAIDOC Day at Erina High

Many of our Stage 3 students attended the annual NAIDOC day at Erina High. This is a fantastic day where students participate in a number of activities related to Aboriginal Culture. The kids once again represented our school so well and I thank Mrs Masters for attending with our amazing students.

Reports

Our School Reports are going out this Thursday. I do hope that you enjoy reading your child's report that outlines their achievements so far this year. The teachers spend much time writing these and you will have an opportunity to discuss these reports at our upcoming parent/ teacher interviews that will be held early next term.

Uniform Shop

The P & C Uniform shop will be open on Monday 18th of July from (9:00am -10:00am if you require any Winter Uniforms – etc.

Graeme McLeod

Principal

NOTES HOME

- Olympathon
- Riding for the Disabled K-6W
- Swimming K-6W
- Scallywags K-6W



Dates for your calendar

REMEMBER - Canteen is always closed on Tuesdays

Day	Date	Event
Monday	Every week	Student Banking
2 nd Tuesday	Every month	P & C meeting in staffroom 7:00pm – All Welcome!
Friday	Every week	Uniform Shop 2:30am – 3:30pm
Friday	Every week	School Assembly from 1:45pm
TERM 3		
Tuesday	19 th July	Students Return
Week 1, 2 & 4	19 th July	Parent Teacher Interviews
Tuesday	2 nd August	ICAS English
Monday	1 st – 5 th August	Education Week
Friday	5 th August	Olympathon
Friday	12 th August	GEP's Athletics Carnival
Tuesday	16 th August	ICAS Maths
Mon – Fri	22 nd – 26 th August	Book Week

NSW GOVERNMENT SCHOOLS TERM DATES		
	STUDENTS' FIRST DAY	STUDENTS' LAST DAY
Term 3 2016	Tuesday 19 th July 2016	Fri 23 rd September 2016
Term 4 2016	Mon 10 th October 2016	Fri 16 th December 2016
Term 1 2017	Tuesday 31 st January 2017	Friday 7 th April 2017
Term 2 2017	Thursday 27 th April 2017	Friday 30 th June 2017

STUDENT CORNER ASSEMBLY NEWS

WEEKS 7 - 9

CAUGHT BEING GOOD

Ben, Caitlyn, Roseanna, Lily-Rose, Jett, Kayden, Angus, Sam, Charlie, Emily, Bowen, Meisha, Olivia, Abbie, Eva, Tyler, Olivia, Fantasia, Tanya, Jimi, Samuel, Lilly, Peter, Zoe, Bowen, Hayden, Olivia, Archie, Madison, Eliza, Sarah, Elijah, Beau, Chase, Samuel, Trae, Annabella, Joshua, Ereby, Jack, Harper, Heidi, Noah, Brayven, Stephanie, Peter, Stevie, Sarah, Daemon, Cias, Arthur, Mrs Hadley.

QUALITY WORK

Hunter, Lily-Rose, Summer, Bella, Evie, Mark, Olivia, Jensen, Eli, Bailey, Brock, Yoel, Peter, Billy, Emily, Blair, Molly, Sophie, Harry, Kyra, Joshua, Sienna, Tylah, Samuel, Evie, Hunter, Lian, James, Sam, Bella, Sean, Aiden, Brian, Tiana, Lillyara, Finn, Mackenzie, Vincent, Olivia, Mark, Zoe, Tanishka, Roseanna, Max, Sienna, Blair, Lily, Eloise, Shyla, Chloe, Zara, Lana, Harper, Lilli.

MERIT AWARDS

KF – Joshua, Aiden, Sarah, KM – Mia, Kody, KR – Neveah, Noa, Joshua, 1H – Kaylem, Peta, Abbie, 1T – Lila, Jorge, Tye
1/2P – Stevie, Zara, Katherine, 2ES – Cara, Jayden, Gianni, 2/3T – Melanie, Aaliyah, Owen, 3M – John, Charlotte, Madison, 3/4S – Isaac, Lucy, Zahlia, 4/5B – Harry, Zoe, William, 5-6M – Piper, Eamon, Riley, 5-6C – Thalia, Keiran, Thomas, 3-6S – Josh, Logan, Daemon, K-6B – Max, Zoe, William, K-6W – Sophie, Blair, Joshua.

HOUSE OF THE WEEK

Week 7 –Warrimoo

Week 8 – Carathool

Week 9 - Kiara



SINGING IN SCHOOLS

The GEPS Choir had their first mentoring session with Ms Karen Morrow, Choir Leader from the Singing in Schools Program on Wednesday 22nd June. The students learnt lots of performance and singing tips and tricks, as well as two new songs. The Program will continue in Term 3, Week 1. Thanks Ms Morrow and students for all your hard work, smiling faces and delightful singing! Ms Caroline Pope & Mrs Sarah Tomlinson, Choir Teachers.



LOST PROPERTY

As usual, we have accumulated quite a lot of lost property this term. We have a tub full of lost lunchboxes and drink bottles, plus a huge amount of jumpers and jackets. These will be displayed outside the hall on Thursday 30th June

STEWART HOUSE

In week 8, I had the privilege of accompanying four students to Stewart House at Curl Curl beach. With students from other schools, they participated in many fun and exciting activities such as visiting Taronga Zoo, going to the Olympic Pool at Homebush, walking over the Harbour Bridge and catching a ferry from Manly into Sydney Harbour to see the beautiful lights of Vivid. They worked in a classroom environment with other students and created excellent artworks. The students learnt important life skills and were provided with healthy and nutritious meals and clothing donations. Stewart House is funded by DEC staff through salary sacrificing, bequeaths, DEC funding and through donations from parents and carers in the form of the envelopes sent home each year. Thanks to all the staff at Stewart House for the awesome time the students had and to you for your continued support of Stewart House!

Hailee: I loved going to the Olympic pool and especially enjoyed the river area. It was fantastic fun! I also really liked the Ferry ride and I loved our cabin too! It was very hard to leave the new friends I had made from the other schools.

Troy: I loved playing air hockey with Noah in the Rec room! It was awesome! When we were at the zoo the big seal came out after the seal show and pulled the rope down and unravelled the sign! That was really funny!

Martika: I liked the view out to the ocean from the window on the way to the dining room. I saw whales when I was going to breakfast in the morning. Ruby the teacher was very nice and she taught us how to do wood art.

Noah: I liked when we went to the pool because there was a massive slide and a whirlpool! I also liked going to the zoo and seeing the seal show. I liked playing air hockey and table tennis in the rec room, and I loved the mini theatre and the popcorn!

Miss Scott: I especially liked catching the ferry into Circular Quay. It was absolutely beautiful! I was very proud of our lovely students! They were so well behaved and were excellent ambassadors for GEPS!

If you would like more information about Stewart House or would like to donate, please visit their website on <https://www.stewarthouse.org.au/>

Thanks!

Hailee, Martika, Noah, Troy and Miss Scott



Pebbles is the Word

With the implementation of our Positive Behaviour for Learning program up and running students from Gosford East participate every week in activities that are aimed at learning about our 3 school values, Respect, Responsibility and Learner.

After spending the first term investigating how this applies to the whole school, term 2 has seen a focus on specific areas such as the Library, Canteen and Oval.

Whole School		
Respect	Responsible	Learner
<ul style="list-style-type: none">• Listen• Speak Politely• Be Friendly	<ul style="list-style-type: none">• Right place, right action• Keep safe• Hands and feet to yourself	<ul style="list-style-type: none">• Follow instructions• Be prepared• Do your best

You will start seeing signage around the school to reflect this. Our 'Caught You Being Good' Cards are now a thing of the past, being phased out for the one and only Pebbles. Students will earn these cards when displaying the positive behaviour reflected in our 3 core values. We have already started seeing the positive impact Pebbles is having on students, through their actions and language.

But that is not all you will see!

In term 3, during Education week, the one and only Pebbles – yes the real deal, will be landing at Gosford East and will be here to stay!



OPAL CARDS

If provided with a School Opal card or school travel pass the student must comply with the [Student Codes of Conduct](#).

The School Opal card or school travel pass can only be used for approved travel on school days between the student's home and school or college between 6.30am and 7pm (6.30am and 9.30pm for TAFE students)

The Scheme does not cover travel to and from:

- before and after school care or child-minding premises
- before and after school activities
- school excursions
- sports events
- work experience
- Vocational Education and Training (VET) at a location away from where the student is enrolled
- multi-campus high schools, weekend schools, pre-schools or mini-schools (except for full-time geographically isolated distance education students).

Ticketing and Concessions
Infrastructure and Services
Transport for NSW

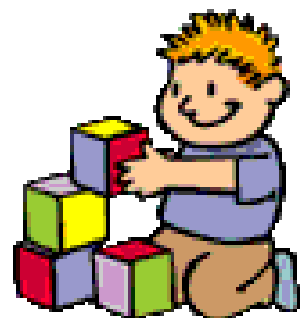


KINDERGARTEN ENROLMENTS 2017

Kindergarten Enrolments...

We are now taking enrolments for Kindergarten 2017.

Some of our families may not be aware that they need to inform us now in the Front Office if they have a child starting next year. This can be done by the parent/caregiver phoning us on 4325 2178.



If you know of other families intending to send their child to GEPS, and who don't currently have children at our school, would you please let them know to call the Office for enrolment details.

Julie Griffith
School Admin Manager

SCHOOL NEWSLETTERS

As of Term 3, hardcopies of newsletters will be sent out to the youngest child in your family. We have found that although the School Website and the School App are fantastic tools and are used by many, some families were having difficulty accessing the newsletter and were missing out on valuable information.



HARMONY CORNER

1st July [International Tartan Day](#)

On this day in 1782 the British Act of Parliament that made the wearing of tartan punishable with seven years transportation was repealed. Prior to this almost two generations (1747-1782) of men and boys had been forbidden by law to wear Highland Dress (tartan) in Britain.

3rd - 10th July [NAIDOC Week](#)

NAIDOC Week is usually held from the first to second Sunday in July.

Throughout this week activities are held in every state and territory of Australia to celebrate the achievements of Indigenous people and to raise community awareness relating to Aboriginal and Torres Strait Islander issues. Music and dance performances and other celebrations take place. The National Aboriginal and Islander Day Observance Committee (NAIDOC) was founded in 1957 to focus all Australians' attention on Indigenous communities.

4th July [Independence Day \(USA\)](#)

This USA public holiday is regarded as the birthday of the United States separating from Great Britain to become a free and independent nation. It commemorates the signing of the Declaration of Independence July 4, 1776 by the leaders of the 13 British colonies spread along the eastern seaboard of what is now the United States of America.

6th July [Dalai Lama's birthday](#)

His Holiness, the 14th Dalai Lama was born in Tibet on 6 July 1935. Each Dalai Lama is seen as a reincarnation of his predecessor. The Dalai Lama was awarded the Nobel Prize in Peace in 1989.

P & C NEWS

DISCO – 22nd June

Our 'crazy hair' disco on the 22nd of June was a great success with a total of \$1006 being raised. Thank you to all of the children, parents and teachers who helped make it a great night by colouring and styling their hair or wearing a wig!

As always I would like to recognize and thank all of the volunteers who helped prior to and on the night, as events like these wouldn't be possible without you.

P & C Facebook Page – NEW

We have a new revitalized P & C Facebook page to act as a notice board for all P & C run social events, volunteer requests, canteen specials, disco information & general access to the P & C, canteen & uniform shop from the comfort of your own home!

When logged into Facebook, search for: **Gosford East Public School P & C - Canteen - Uniform - Fundraising**

Or use this link: <https://www.facebook.com/groups/1037192639697580/>

Election BBQ

Every Election we hold a BBQ. We are excited to be able to run it again this weekend, as it is one of the highest profiting stalls we hold!

With the day beginning at 7.30am on **Saturday 2nd July** and not finishing until 6.30pm, we do need a lot of volunteers (at least 4-5 people for each timeslot) to help throughout the day. Time slots are roughly as follows: 7.30am to 9am; 9am – 10.30am; 10.30am – 12pm; 12pm – 1.30pm; 1.30pm – 3 pm; 3pm – 5pm; and 5pm – 6.30pm (pack up).

We would like to encourage parents to get together with a couple of other parents (perhaps from your child's class) to man a timeslot together, so you can have a bit of fun whilst also putting money straight back into the school to buy wish list items.

If you have never volunteered before, please rest assured you won't be alone and it really is very simple and enjoyable making sausage sandwiches, selling drinks & homemade donated foods to keep hungry election voters fed – and did I mention assist in raising money for the school. Any time you can volunteer would be massively appreciative!

We are also looking for anybody - local companies, or maybe a mum or dad who makes a mean slice, muffin or cake, willing to donate their wares for the school to sell on the day. We would love to hear from you!

Please email with your contact details & preferred time or what you are happy to donate for the P & C to sell - fundraisinggeps@gmail.com

Canteen News

The canteen is still run by a temporary Canteen Supervisor named Brooke. If you hold a prepaid account in the canteen, you are welcome to email through your order to gepsandccanteen@gmail.com or as usual, order it in person. You can now also order via our new online ordering system www.ouronlinecanteen.com.au - please follow the prompts to setting up and adding funds to your account (this can be via direct deposit or debit/credit card). Once you have set up a profile for each of your children you can start to order.

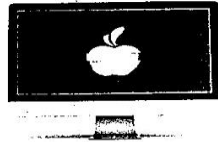
NOTE: we are still ironing out the kinks in this system, so please be patient while we do this and ensure you advise us if you experience any difficulties.

If you OWE money to the canteen, please see Brooke ASAP to arrange payment of account or request your payment amount via email and she will provide you with account details to pay easily online from home. **Accounts for children and staff will continue to be available however will be on a credit basis only.**

***** As we move forward to the online payment systems we will be phasing out Eftpos in both the canteen and uniform shops.**



**Our Online
CANTEEN**



Why has your school gone online?

Our Online Canteen is an online ordering system which is an easy and convenient way to order from your school. It enables you to order meals, uniforms etc.

Is the website safe and secure to use?

Yes, Our Online Canteen information is stored in Australia. We have the SSL certificate which is used whenever any financial transactions are performed and we are PCIDSS approved for secure financial transactions.

How can I add credit to my account?

There are three ways to add credit to your account: PayPal, Credit Card and Direct Deposit.

What do I do if I need help?

If you are experiencing any issues, you can call our experienced team on 1300 116 637 from 7.00am or email us at info@ouronlinecanteen.com.au

**EMPOWERING
PARENTS,
STUDENTS &
SCHOOLS
WITH
ONE ONLINE
SYSTEM**

Benefits:

- ✓ Supports the school
- ✓ Saves time and money
- ✓ Safe, secure and easy to use
- ✓ Exclusive discounts and prizes
- ✓ Customer support line

Support line: **1300 116 637**

THINK
UK
KNOW

Want to know how to keep
your child safe online?

Visit thinkuknow.org.au



@ThinkUKnow_Aus



facebook.com/ThinkUKnowAustralia

www.ouronlinecanteen.com.au



**Our Online
CANTEEN**

Your school canteen is now online

**SAFE
EASY
FREE**

Our Online Canteen is an online ordering system that is a safe and convenient way to order school meals.

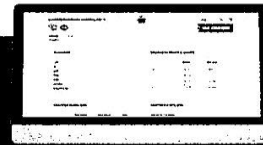
Congratulations!

Your school has made an important change by registering for an online ordering system. This will enable a more efficient and effective service available to you and your family.

How to get started:

- Visit www.ouronlinecanteen.com.au
- Sign up by completing the registration form
- Receive a confirmation email with activation link
- Activate your account and login to the website
- Add your children and credit to your account
- Order at your own convenience

**FREE
TO USE**



1. SELECT STUDENT
2. SELECT YOUR DATE
3. ADD YOUR ITEMS
4. CONFIRM

www.ouronlinecanteen.com.au

Winter Wonderland








Exciting free programs for children aged 3 to 15 years old

Monday 4 July	Tuesday 5 July	Wednesday 6 July	Thursday 7 July	Friday 8 July	Saturday 9 July	Sunday 10 July
<p>Indigenous Australian Stories Gosford Library 10.30am to 11.30am</p>  <p>Enjoy some Indigenous Australian stories during the regular storytime session. Ages 3 to 5 years. Siblings welcome. Bookings required.</p>	<p>Creative Writing with Jess Black - The Magic Door Kincumber Library 9.30am to 12.30pm</p> <p>Explore a portal into a magic world through the device of a magic door. Work on the world, setting, characters, magical creatures and how to make it back into your own world. Ages 8 to 13 years. Bookings required.</p> <p>Creative Writing with Jess Black - The Magic Door Erina Library 1.30pm to 4.30pm</p> <p>Explore a portal into a magic world through the device of a magic door. Work on the world, setting, characters, magical creatures and how to make it back into your own world. Ages 8 to 13 years. Bookings required.</p>	<p>Stories at the Gallery Gosford Regional Gallery 10.30am to 11.30am</p> <p>Ages 6 to 11 years. Siblings welcome. Bookings required.</p> <p>Knitting Workshop Kincumber Library 2.00pm to 4.00pm</p>  <p>If you enjoy knitting, or would like to learn how to knit, come along. Create a Trauma Teddy to donate to NSW Ambulance Services or for beginners, ladies from the CWA can help you create a small knitted purse. Wool supplied by the CWA. Written instructions for patterns provided. Join in the second session for this program on Wednesday 13 July. Ages 8 to 12 years. Bookings required.</p>	<p>Dub Leffler Illustration Woy Woy Library 10.00am to 11.00am</p> <p>This workshop will introduce children to illustration. They will learn drawing techniques and play some exciting drawing games with artist and Illustrator Dub Leffler. Ages 7 to 11 years. Bookings required.</p> <p>Indigenous Stories Umina Library 10.30am</p>  <p>Enjoy a visit from the Aunties of Mingaletta. Ages 3 to 6 years. Siblings welcome. Bookings required.</p> <p>Dub Leffler Illustration Erina Library 2.00pm to 3.00pm</p> <p>Ages 7 to 11 years. Bookings required.</p>	<p>Bedtime Storytime Gosford Library 6.30pm to 7.00pm</p>  <p>Come dressed in your pyjamas and enjoy some bedtime stories and songs. Take home craft supplied. Ages 3 to 5 years. Bookings required.</p>	<p>Ice Skating Rink Kibble Park, Gosford 10.00am to 8.00pm</p>  <p>Children and adults of all ages are welcome. Tickets \$10 each per 45 minute session. www.gosford.starsonice.com.au</p> <p>No-Bake Storytime Gosford Library 10.30am to 11.30am</p> <p>Hear some winter themed stories and make a no-bake marshmallow snowman. Ages 3 to 6 years. Siblings welcome. Bookings required.</p> <p>Snowflakes Gosford Library 2.00pm to 3.00pm</p> <p>Create beaded snowflakes, woven snowflakes and watercolour snowflake art. Ages 6 to 10 years. Bookings required.</p>	<p>Ice Skating Rink Kibble Park, Gosford 10.00am to 8.00pm</p> <p>Children and adults of all ages are welcome. Tickets \$10 each per 45 minute session. www.gosford.starsonice.com.au</p> <p>Rain Storytime Gosford Library 10.30am to 11.30am</p> <p>Ages 3 to 6 years. Siblings welcome. Bookings required.</p> <p>No-Bake Storytime Gosford Library 2pm to 3pm</p>  <p>Hear some winter themed stories and make a no-bake marshmallow snowman. Ages 3 to 6 years. Siblings welcome. Bookings required.</p>

Winter Wonderland



Exciting free programs for children aged 3 to 15 years old

Monday 11 July	Tuesday 12 July	Wednesday 13 July	Thursday 14 July	Friday 15 July	Saturday 16 July	BOOKING INFORMATION
<p>Ice Skating Rink Kibble Park, Gosford 10.00am to 8.00pm</p>  <p>Children and adults of all ages are welcome. Tickets \$10 each per 45 minute session. www.gosford.starsonice.com.au</p> <p>Winter Storytime Gosford Library 10.30am to 11.30am</p> <p>Enjoy some stories and create a melting snowman craft to take home. Ages 3 to 5 years. Siblings welcome. Bookings required.</p> <p>Craftnoon Kincumber Library 3.30pm to 4.30pm</p> <p>Create a no-saw beanie, perfect for cold winter days. Ages 7 to 12 years. Bookings required.</p>	<p>Ice Skating Rink Kibble Park, Gosford 10.00am to 8.00pm</p> <p>Children and adults of all ages are welcome. Tickets \$10 each per 45 minute session. www.gosford.starsonice.com.au</p> <p>Snowflakes Gosford Library 2.00pm to 3.30pm</p>  <p>Create beaded snowflakes, woven snowflakes and watercolour snowflake art. Ages 6 to 10 years. Bookings required.</p>	<p>Ice Skating Rink Kibble Park, Gosford 10.00am to 8.00pm</p> <p>Children and adults of all ages are welcome. Tickets \$10 each per 45 minute session. www.gosford.starsonice.com.au</p> <p>Create a Snowglobe Gosford Library 10.00am to 11.00am</p> <p>Create your own snowglobe scene and sock snowman. Ages 7 to 12 years. Bookings required.</p> <p>Knitting Workshop Kincumber Library 2.00pm to 4.00pm</p> <p>This event follows on from the knitting workshop in week 1 of the school holidays. Join us again and finish your projects or create something new. Ladies from the CWA can help you create a small knitted purse. Wool supplied by the CWA. Written instructions for patterns provided. Ages 8 to 12 years. Bookings required.</p>	<p>Ice Skating Rink Kibble Park, Gosford 10.00am to 8.00pm</p> <p>Children and adults of all ages are welcome. Tickets \$10 each per 45 minute session. www.gosford.starsonice.com.au</p> <p>Winter Storytime Gosford Library 10.30am to 11.30am</p>  <p>Enjoy some stories and create a melting snowman craft to take home. Ages 3 to 5 years. Siblings welcome. Bookings required.</p> <p>Bedtime Storytime Gosford Library 6.30pm to 7.00pm</p> <p>Come dressed in your pyjamas and enjoy some bedtime stories and songs. Take home craft supplied. Ages 3 to 5 years. Bookings required.</p>	<p>Ice Skating Rink Kibble Park, Gosford 10.00am to 8.00pm</p>  <p>Children and adults of all ages are welcome. Tickets \$10 each per 45 minute session. www.gosford.starsonice.com.au</p> <p>Create a Snowglobe Gosford Library 2.00pm to 3.00pm</p> <p>Create your own snowglobe scene and sock snowman. Ages 7 to 12 years. Bookings required.</p>	<p>Ice Skating Rink Kibble Park, Gosford 10.00am to 8.00pm</p>  <p>Children and adults of all ages are welcome. Tickets \$10 each per 45 minute session. www.gosford.starsonice.com.au</p> <p>Rain Storytime Gosford Library 10.30am to 11.30am</p> <p>Hear some rain themed stories and enjoy a simple craft activity. Ages 3 to 6 years. Siblings welcome. Bookings required.</p> <p>Science Fun Gosford Library 2.00pm to 3.00pm</p> <p>Enjoy an interactive science storytime featuring hands on experiments. Ages 6 to 12 years. Bookings required.</p>	<p>BOOKING INFORMATION</p> <p>Bookings required for all events unless noted.</p> <p>Book online at www.gosford.nsw.gov.au/libraries/what-s-on or contact your local library branch.</p> <p>Places are limited, please note the age range before booking.</p> <p>Children under 9 years must be attended by a responsible adult at all times in line with Council's unattended children's policy.</p> <p>Erina Library Phone 4304 7650</p> <p>Gosford Library Phone 4304 7500</p> <p>Kincumber Library Phone 4304 7641</p> <p>Umina Library Phone 4304 7333</p> <p>Woy Woy Library Phone 4304 7555</p> <p>Gosford Regional Gallery Phone 4325 0056</p>



1-2-3 MAGIC[®] & EMOTION COACHING PARENT COURSE

Learn to manage difficult behaviour in children 2-12 years

Thursdays 11, 18 & 25 August 2016

10am-12.30pm

A three-session program for parents and carers
Facilitated by Schools as Community Centres Program (SaCC)

VENUE: Wyoming SaCC, Wyoming Public School, Maidens Brush Rd, Wyoming

Learn:

- ✓ To engage your children's cooperation by positively noticing and encouraging them
- ✓ To set clear expectations and help them to develop frustration tolerance
- ✓ To help children's brains to develop filters for behaving well
- ✓ To resolve family conflict quietly
- ✓ Some simple strategies to practise being a calm parent

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that 1-2-3 Magic can be a great preventative measure that any parent use.

Who is running it?

The presenter for this course is Suzanne McCaskie . who has completed the Parentshop's 1-2-3 Magic[®] & Emotion Coaching practitioner training.

Fee: \$20 per person
Child Care not available

Registrations essential.

To register for this course contact Philippa Skipper, Facilitator (SaCC)

on 0477 317 862

email: philippa.skipper@det.nsw.edu.au

- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective

This course is being run by a Parentshop[®] licensed practitioner. www.parentshop.com.au