

Gosford East Public School

NEWS 'N' VIEWS

Term 3 Week 10

16th September 2015



Est. 1960

Corner of York Street and Webb Street, East Gosford, NSW, 2250

Phone: (02) 4325 2178 Fax: (02) 4323 6930

Email: gosfordest-p.school@det.nsw.edu.au

Office hours: 8:30am – 3:15pm

Report any suspicious behaviour to School Security 1300 880 021

P & C Association

Meets on the 2nd Tuesday of each month 7:00pm – all welcome

From the Principal...

Dear Parents and Carers,

Spring Vacation

A reminder that the Spring Vacation starts this Friday with students and staff returning on Tuesday 6th October. I hope that everyone has a great break and come back refreshed for a busy Term 4.

Operation Art

We've done it again. **TWO** art works from Gosford East have been selected to tour regional hospitals and /or be displayed in DET offices in Canberra. Congratulations to Ashlyn of Year 4 and Amelia from Year 3 for their artworks being selected. On their return we will display them in the hallway opposite the office so everyone can see these wonderful works of art. Only 50 artworks were picked out of 878 which were the best of each schools art so it was a fantastic achievement.

Magpie in Elizabeth Ross Park

As you would be aware from the note that we sent home there is a quite an aggressive magpie in Elizabeth Ross Park in Webb St near the Japanese Gardens that is swooping and attacking people. One of our students received a serious injury last Friday afternoon after school as a result of this magpie. We have contacted Council and they are following this up. We advise taking great care in going near this park while the breeding season is on.

Bathurst Excursion

Congratulations to our Stage 3 students who attended the Bathurst excursion last week. They had a great three days away and did some exciting things, although they did not find any gold! It is always a great experience and this could not have occurred without all of the hard work of the staff involved. A big thank you to Jodie Campbell and Lara Middleton for their organisation of this excursion and to Angela Boyd, Ben Wilkinson, Annitta Curtis and Alison Richards for taking time away from their families to support our kids on this excursion. Taking away nearly 80 students takes a mammoth amount of organisation and staff get very little sleep while they are away. I know the students enjoyed this excursion and appreciate the work that the staff did in making this so successful.

Graeme McLeod

Principal

Notes out this week

School Disco

Magpie Attack, Newsletter by email (P&C)

Kindi 2016 Transition Information

Jump Rope For Heart

Dates for your Calendar...

16th Sept – Disco

17th Sept – Jump Rope for Heart

18th Sept – EALD Morning Tea

8th Oct – Powerhouse Exc Stage 1

9th Oct – CCC Festival Rehearsal #3

13-14th Oct – CARES

Regular Events...

Student Banking - Wednesday

School Assembly 1:45pm - Friday

Uniform Shop - See Jo in canteen

TERM 4

6/10/2015 — 16/12/2015

TERM 1 2016

28/1/2016 - 8/4/2016

Student Corner Assembly News...

Caught You Being Good... Harry, Charlie, Ben, Anna, Kayde

House of the Week... Kiara

Merit Awards... Eli KE, Kaylem KF, Tanaka KH, Stephanie 1P, Dylan 1/2M, Daina, Klay 1ST, Ava 2S, Connor 2T, Kira & Zahlia 3/4R, Liam & William 4/5S, Jake 5/6M, Lachlan 5/6C, Thomas 3-6M, Phoenix K-5B.

Quality Work... Daemon, Hailee, Tyler, Sienna, Joshua, Samuel, Koby, Thomas, Brianna, Soraya, Jay, Lucy, Zack, Alesha, Chloe, Yoel, Stevie.



Central Coast Choral Festival 2015...

Ticket Information

Tickets for Central Coast Choral Festival 2015 will be going on sale soon. An online ticketing system will be used this year which means ticket purchases can ONLY be made online.

The ticketing details for your child's performances are as follows:

Where: Mingara Recreation Club, Tumby Umbi.

Show: Show A

When: Tuesday 20th October 2015

Times: There will be 2 performances -
- a matinee at 3:30pm and an evening performance at 7:00pm.

Where to buy tickets: online through Eventopia: www.eventopia.co

- Once you have entered the site, search for Central Coast Choral Festival. There are six different shows – please ensure you are buying tickets for the correct show (Show A for East Gosford Students).

Payment Options: Credit card only.

Ticket Sale Date: Show A - Monday 14th September

A note will be sent home this week with the GEPS Choral Festival Students providing further details regarding ticketing information. Please keep an eye out for it.

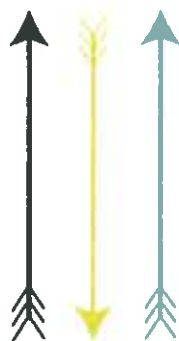
Yours sincerely,

Ms Connell



Market Dates

June 28
July 26
Aug 23
Sep 27
Oct 25
Nov 22
Jan 17
Feb 28



FOURTH SUNDAY OF THE MONTH

HEAZLETT PARK
FORESHORE
9am-2pm



fixxevents.com.au

Bathurst Reflections...

Stage 3 travelled to Bathurst on Wednesday 9th until Friday 11th September. We enjoyed LOTS of activities. Our staff thought that we were AWESOME!

Here are some of our highlights;

I loved the sausage sizzle at History Hill! – Mitchell R

We laughed when Mrs Campbell got chased by a goat! – Judy, Mia & Talia

The trivia night and bush dance were great fun! – Sasha and Thalia

I loved the hay-ride! – Jacob

The Heritage State Mine was great! – Ryan

The lookout in the Blue Mountains was spectacular! – Mitch R

Gold panning was fun! – Lachlan M and Jacob

Climbing up the ladders and going into the gold mine were awesome - Jacob

I loved the food! – Lara, Fantasia and Talia

Miss Middleton and Mrs Boyd singing on the bus! - Piper

I liked going into the mine at History Hill! – Stacey

The Scenic Railway was my favourite part! – Danny, Romy, Tahlia and Emily

The emu at the petting zoo was scary! – Ashton and Ayden

The talking cockatoo was funny! – Josh W.

I loved the petting zoo! – Jacob, Tahlia and Romy

The kangaroos were so cute! – Piper and Judy

I loved the Sheep and Cattle Show. The animals were so clever! – Rikki and Jenna

I can't choose. It was all amazing!-Zoe, Billy, Elijah and Sam

I loved it when we went around Mt Panorama. Liam

I loved it when we went on the tram. Levi

The best part was when we went to the gold mine. Mitchell G.

I loved it when I fed the emu, its tongue scraped my hand when it ate the food. Reed.

The whole camp was awesome! Hannah and Sarah

The race track was cool! Jackson

I loved the cabins the most. Bronte

Multicultural Morning Tea...

Celebrating the Multicultural Community of Gosford East Public School

Thank you to the families who have accepted our invitation to attend the morning tea on Friday. We are delighted with the number of languages represented, showing the wide variety of languages spoken in our school community.

It will be very informal, where parents who speak a language in addition to English can meet other parents who speak a language in addition to English.

We are looking forward to seeing you on Friday.

Mrs Coles Teacher/Librarian & Mrs Callachor EAL Teacher

Canteen News...

Hi Everyone,

Hope everyone has a wonderful break and see you next term.

Please be on the lookout for the new menu that starts next term.

A copy of the new menu is included in this newsletter.

Jo

Canteen Manager



Thurs 17 th Sept	Michelle Cutting
Fri 18 th Sept	Help Please 0414 907 968

TERM 4

Wed 7 th Oct	Donna Ryan
Thurs 8 th Oct	Carmen MacDonald
Fri 9 th Oct	Suzanne Piggott
Mon 12 th Oct	Wendy Whitmore
	Anne Sykes-Hollowed
Wed 14 th Oct	Sarah Hole

Lost Property...

We have a large amount of lost property at the moment, and a lot of this seems to be jumpers and lunch containers. The lost property will be displayed outside the 3-6M classroom on Friday 26th from 1:45pm to 3:00pm during assembly. If you have misplaced any items, please come and have a look to see if it is here. All unclaimed items will be donated to the second hand clothing pool.



P & C News...

Another busy week.

Here's a recap of the P&C Meeting (8/9/15) only 6 members in attendance.

1. It was agreed to start sending the newsletter out to families by email again. If you wish to subscribe to this service please email: geps.news@gmail.com . Your message should include the word "ADD" in the subject line and just your first and second name in the message area.

2. The canteen survey has been finalised and will go out next term.

3. School garden beds will be arriving soon, they will get built and ready for the kids by next term.

Mrs Mellross (1/2M) is incorporating the new gardens into the school curriculum and the kids will be more involved.

This week Infants are starting to collect their 'crunch and sip' food waste for the compost bin and worm farm.

4. On Saturday our school hosted a Green Living Workshop, we all learnt about keeping a compost bin and worm farm in order to reduce the food waste that goes to landfill. Thanks to the families that attended. The kids at school will start collecting their food waste too soon and learning more about recycling food waste.

5. The Father's Day stall was very busy, raised over \$500. Thanks to all the helpers, I just love wrapping!

6. School Disco on Wednesday 16th. NEW! There will be tea / coffee and pizza to purchase for those waiting.

7. SES (State Emergency Services) are coming to school on Saturday 19th 8-12 to cut down dangerous trees and branches around school. We need a few more adult volunteers to assist on this day. Do we have any SES volunteers in the school community? Please get back to me via the school office if you can help on the day. (Also there will be fire wood to collect).

8. We will be sending out letters to businesses asking for items for our school Christmas raffle, if your business or employer would be interested please let us know.

9. Does anyone have a tree services business or could get a discount, we need to hire a chipper for the pile of branches in the orchard and also for after the SES day.

10. The next school gardens working bee will be arranged early next term. Watch this space.

Don't forget to join our Facebook group 'Gosford East Public School P&C' – lots more info is added there about P&C events at school every week.

FYI - the P&C Facebook is updated by myself and other P&C executives, whereas the school website, the app and Facebook page are run by the school.

Have a great holidays.

Wendy Whitmore
P&C





School Disco

This term the school disco will be held on Wednesday 16th September.

Kindy & Stage 1	5:00 – 6:00pm	\$4.00
Stage 2 & 3	6:15 – 7:30pm	\$4.50

Each child will receive chips and a drink. Any help on the night would be greatly appreciated.

This term there will be Pizza, coffee and cold drinks available for parents to purchase.

Mel Hogston
P & C Committee member

School Banking...

The Intergalactic Prize Portal has almost closed!

Gosford East Public School have 73 students who have made three or more school banking deposits in Term 3 and are now in the running to win one of hundreds of prizes on offer in the CBA's school banking competition.

The prizes on offer are:

- 75 x iPad minis WiFi 16GB
- 125 x Beats by Dr Dre Solo2 Headphones
- 200 x \$30 Booktopia Gift Certificates

For an opportunity to DOUBLE your chance of winning a prize, visit commbank.com.au/prizeportal and complete the Money Mission. You also have the chance to win one of 75 sets of children's book for the school valued at \$200!

Following the decision last month to recall the *Cosmic Light Beam Torch* due to a potential safety issue, a decision has been made to also withdraw the upcoming **Lunar Light Band** reward from the School Banking Rewards Program.

To avoid disappointment there is a new reward item available for redemption in Term 4 while stocks last. Students can now test their skills with a game of frisbee with the new **Galaxy Glider**!

Once students have collected 10 tokens, they can simply include a note, along with their 10 tokens in their deposit wallet on banking day to advise that they would like to redeem their tokens for the Galaxy Glider reward item.

Don't forget the Outer Space Savers Money Box is also available in Term 4.



COMMUNITY GARAGE SALE AND FETE

Friday 9th & Saturday 10th October 2015

NARARA UNITING CHURCH, Wyoming Road, Wyoming

Bring your goods for us to sell on commission: Friday 11am – 7pm, Saturday 8.30am

Please package items securely. No clothing or shoes, no items under \$2. Max of 20 items per person.

COME AND SNAP UP A BARGAIN

Friday 11am – 7pm. Saturday 8:30am – 2pm

All funds raised are donated to charity projects in the Uniting Church

Your support is appreciated

Enquiries: Mrs Heather Mogg ph: 4323 9404

Harmony Corner...

16 September - [International Day for Preservation of the Ozone Layer](#) The UN General Assembly proclaimed this day in 1994. By this date most of the industrialised nations had made considerable progress in eliminating the use of ozone-depleting chemical substances. However, the dangers posed by the depletion of the ozone layer continue. Awareness, education and information are key factors in achieving the goals of international agreements regarding the ozone layer.

17 September - [Australian Citizenship Day](#) is an opportunity for all Australian citizens to celebrate and take pride in their citizenship and reflect on the values which unite us as Australian citizens. On this day a range of activities is held including special citizenship ceremonies and affirmation ceremonies for people who are already Australian citizens.

19 – 20 September - [Clean Up The World Weekend](#) is a community based environmental program that encourages and supports individuals and communities across the globe to clean up, fix up and conserve their environment. Since the first 'Clean Up The World' campaign in 1993, millions of volunteers have been involved in a wide range of clean up, recycling, tree planting, water conservation and 'fix-up' projects.





FREE
20 Minute Speech &
Language
Screening Assessments
Children 3-5 years

Tuesday 13, 19, 20 October
from 12.30pm

Assessments will focus on
articulation, receptive and
expressive language skills

Call now to register for your
free assessment.

Eligibility criteria applies.

Screenings will take place at
Woy Woy SaCC

Call Philippa on 0477 317 862



Member NSW Canteen Association

Winner Central Coast Canteen Network Healthy School Canteen Award 10/11/12/13/14

For any information please contact Jo Chondroyiannis (Manager) on 4325 2178 or 0414 907968

<u>BEFORE SCHOOL</u>	<u>RECESS</u>	<u>DRINKS Available at all times</u>
Hot Milo	G \$ 0.80	Sippahh Straw & milk A \$ 2.00
Toast & vegemite	A \$ 0.50	Moove Choc/Straw G \$ 1.90
Cereal in a cup	G \$ 0.80	Plain Milk 300ml carton G \$ 1.50
		Macquarie Juice small G \$ 1.90
<u>FRUIT & SNACKS available at all times</u>		Apple/Orange/Applesblackcurrant
Yoghurt	G \$ 1.00	Spring Water G \$ 1.20
Custard	A \$ 1.00	Up & Go (choc/straw/ban/van) G \$ 2.00
Mousse	A \$ 1.00	Playwater/Focus small A \$ 1.90
Fresh Fruit	G \$ 0.70	Blackcurrant/Raspberry/Lemonade/Tingle
Carrot or Celery Sticks	G \$ 0.50	LOL (not avail before school) A \$ 2.00
Apple Slinky	G \$ 0.80	<u>AFTER LUNCH TREATS</u>
Slinky - own apple	G \$ 0.10	Mini Juice Pops \$ 0.10
Fruit Kebabs	G \$ 0.50	Frozen Yoghurt \$ 1.50
Fruit Cups	G \$ 1.00	Vanilla Cups \$ 1.00
Popcorn Hot/Chicken	G \$ 1.50	Jo's Juice Cups \$ 0.70
Pihranna Snacks	A \$ 1.00	Paddlepops from \$ 1.50
Rice Snacks	A \$ 0.80	Iceblocks \$ 1.00
Le Snacks	A \$ 0.80	Zooper Doopers \$ 0.50
Sultanas	G \$ 0.60	Frozen Juice Cups \$ 1.00
		Slushies \$ 1.50

** Can also be ordered for lunch

All ice treats are Amber



ORDERING LUNCHES Orders MUST be brought to the Canteen BEFORE 9.00am

Please make sure lunch bags are an adequate size for your child's lunch with NAME & ROOM

If no bag is supplied, a charge of 10c will be incurred. Bags are to be returned to Canteen to receive frozen treats.



SANDWICHES

Made on wholemeal or white

BREAD & BUTTER G \$ 1.00

BUTTERED ROLL G \$ 1.60

VEGEMITE A \$ 1.20

EGG (sliced or mashed) G \$ 2.00

CHEESE G \$ 2.00

VEGEMITE & CHEESE A \$ 2.20

LEG HAM A \$ 3.00

ROAST CHICKEN G \$ 3.00

TUNA G \$ 3.00

SALMON G \$ 3.50

SALAD (no celery) G \$ 3.00

TOASTED CHEESE G \$ 2.50

TOASTED CHEESE /TOMATO G \$ 3.00

TOASTED HAM A \$ 3.50

TOASTED HAM/CHEESE A \$ 4.20

TOASTED HAM/CHEESE/TOMATO A \$ 4.70

TOASTED CHICKEN G \$ 3.50

TOASTED CHICKEN/MAYO G \$ 3.60

TOASTED CHICKEN/CHEESE/MAYO \$ 4.30

EXTRAS

Wraps

Lettuce or Beetroot or Cucumber \$ 1.00

Pineapple or Tomato \$ 0.40

Egg or Cheese or Avocado \$ 0.50

Salad \$ 0.70

Mustard, Mayo or Sauce \$ 1.20

Toasted \$ 0.10

Roll \$ 0.50

SENSATIONAL SALADS

SALAD BOX

Lettuce, tomato, celery, carrot, beetroot, G \$ 3.50

cucumber

SALAD BOX & EGG G \$ 4.20

SALAD BOX & CHICKEN or HAM G \$ 4.30

SALAD BOX & TUNA G \$ 4.30

SALAD BOX & SALMON G \$ 4.50

SALAD BOX HAWAIIAN G \$ 4.20

Pineapple & Cheese

SALAD BOX CAESAR G \$ 5.00

Chicken, Cheese & Egg

LENTIL SALAD BOX G \$ 5.00

MINI SALAD BOX G \$ 2.00

FRUIT SALAD G \$ 3.50

FRUIT SALAD & YOGHURT G \$ 4.00

FRUIT SALAD & CUSTARD G \$ 4.00

BURGERS

BEEF lettuce & tomato G \$ 3.50

no salad \$ 3.00

CHEESE lettuce & tomato G \$ 4.00

no salad \$ 3.50

CHICKEN lettuce & tomato G \$ 3.50

just lettuce A \$ 3.30

no salad A \$ 3.00

extra for cheese \$ 0.50

LENTIL lettuce, carrot, tomato, G \$ 4.00

cucumber, sprouts, sour cream & sweet chilli

BURGERS ARE ALSO AVAILABLE ON A WRAP

INSTEAD OF A ROLL FOR AN EXTRA \$ 1.00

SPECIAL \$5 LUNCH PACK

ANY \$2.50 ITEM (PIZZA, HOTDOG, SP/RICOTTA, SAUSAGEROLL) PLUS CORN COB & MOOVE

HOT FOOD

SNACK PACKS G \$ 3.70

Lasagne, Fried Rice, Mac Cheese

HOT DOG A \$ 2.50

HOT DOG & CHEESE A \$ 2.80

HOT CHICKEN ROLL G \$ 3.00

PIZZA Ham/pine or Cheese/ham A \$ 2.50

COB OF CORN G \$ 0.90

YUMMIE DRUMMIES A \$ 1.20

PIE (low fat) A \$ 2.60

POTATO PIE (low fat) A \$ 2.80

SAUSAGE ROLL (low fat) A \$ 2.50

SPINACH & RICOTTA ROLL A \$ 2.50

SAUCE (Tomato or BBQ) A \$ 0.30

FORK/SPOON \$ 0.05

G = GREEN CLASSIFIED FOOD

A = AMBER CLASSIFIED FOOD