

Gosford East Public School

NEWS 'N' VIEWS



Term 2 Week 3
6th May 2015

Wheeling & Able
Est. 1932
making kids mobile



Corner of York Street and Webb Street, East Gosford, NSW, 2250

Phone: (02) 4325 2178 Fax: (02) 4323 6930

Email: gosfordest-p.school@det.nsw.edu.au

Office hours: 8:30am – 3:15pm

Report any suspicious behaviour to School Security 1300 482 737

P & C Association

Meets every 2nd Tuesday of each month 7:00pm – all welcome

From the Principal...

Mother's Day Stall

Thank you to our P & C, and especially Mel Hogston, for once again holding our Mother's Day Stall. A great deal of work and effort go into this and I thank them for purchasing so many presents that the kids can buy for Mother's Day. We do wish all the mum's, grandmother's and carers a very happy Mother's Day and I do hope you all get very spoilt.

Communication with Parents

The school has many ways of communicating, this newsletter being one of the prime ways. We do also have an App, a website and a Facebook page that we do try keep up to date and let you all know what was going on. The first week of school when we were all hit by storms made it very hard. Like most people the school had no power and I had no power at home so it was very difficult to let everyone know what was happening. We also had no reception here for mobiles and our phones were out. It was one of those rare events that it is hard to prepare for. Although we have our school's official Facebook page we are aware that the P & C have theirs and I would like to thank Darren Owen and Natalie Whineray once again for passing on our information by their page. We had much trouble updating ours, we had to update our App by Hong Kong as we could not do it here and even then it only went to some phones. We all learnt a lot through the process and I once again thank everyone for their understanding.

Dance Groups

As mentioned last week congratulations to our four dance groups that were successful in getting into the Central Coast Dance Festival. Thank you to the parents that have already volunteered to help sew the costumes. We have tried very hard to keep the cost down to a very bare minimum and by your help this is happening. If you would like to help please contact Lara Middleton or Angela Boyd.

I would advise parents to purchase their tickets to this Festival as soon as they come on sale as they do sell out very quickly.

Naplan

This year NAPLAN is on Tuesday 12th, Wednesday 13th and Thursday 14th May. Although we do try to keep this as low key for the students as possible some students do get a little stressed. NAPLAN gives the school a wide range of information, however, it is only one test, on one day that only tests some aspects of the curriculum. If your child is absent on any of these days there is a catch-up day on Friday 15th May.

If you have any questions about any aspects of this please do not hesitate to call us at school.

Graeme McLeod

Principal

Notes out this week

Dance Festival Costume Notes

Mother's Day Assembly

Boccia, Multi Sports Day, Sydney Aquarium K-6W

School Photos

Dates for your Calendar...

7th May - Mother's Day Stall

8th May - District Cross Country

8th May - Mother's Day Devonshire Tea

12-14th May - NAPLAN

20th May - K-6W Sydney Aquarium

21st May - K-6W Boccia Knockout

27th May - Fitness First Excursion

29th May - K-6W Multi Sports Day

Regular Events...

Student Banking - Wednesday

School Assembly 1:45pm – Friday

Uniform Shop - Friday 2:30 - 3:30pm

TERM 2

21/04/2015 – 26/06/2015

TERM 3

14/07/2015 - 18/09/2015

Mother's Day Stall...

The P&C will hold the Mother's Day Stall on Tuesday 5th May, and again at recess on Thursday 7th May at recess. Presents will be priced at \$2, \$3 and \$5. If anyone would like to volunteer to help out, please contact Mel Hogston 0413 199 647.

Mel Hogston



Student Corner Assembly News...

Caught You Being Good... Harry, Zahlia, Ryan, Charlie, Riley, Chloe, Peter, Kira, Kaylee, Jaryd, Niamh, Hayley, Ereby, Mitchell, Stephanie, Aydin.

Quality Work... Yoel, Xavier, Charlie, Eli, Hamish, Ronan, Isabel, Tسانica, Maitilda, Byron.

House of The Week... Kiara

Merit Awards... Bailey KE, Lila KF, Rhia K/1H, Isabella IP, Kyra 1/2B, Alexander 2S, Anne 2T, Ashlyn 3/4E, Amelia 3/4R, Elijah 4/5S, Liam 5/6M, Danny 5/6C, Hamish 3-6M, Joshua K-5B, Phoenix K-6W.



Mother's Day Devonshire Tea...

This year the P&C are holding a Devonshire tea to celebrate all the special females in our lives for Mother's Day. It's a way of saying Thank You for everything they do for us, and this includes Grandma's and Aunty's too.

This will be held on Friday 8th May in the Hall at 11:00am.

All we ask is for a gold coin donation for each Devonshire Tea served, payable on the day. Tea and Coffee will also be available.

Mel Hogston



Library News...

May is *National Family Reading Month* and Scholastic Books are holding a competition where families can register online and go in the draw for \$10,000 worth of prizes. For more information please see scholastic.com.au/nfrm

Lyndall Coles

Engaging Adolescents...

The teenage years can be a challenge. Parents often struggle to maintain positive relationships with their adolescent children.

How do you set limits?

What behaviour is acceptable and what isn't?

What do we do when an adolescent has behaved in a way that breaches family values and expectations?

The answers aren't always clear cut.

The **Engaging Adolescents** program helps parents learn some new skills to make life with their adolescent more peaceful and enjoyable for all. It is designed to give parents relevant, current information and practical strategies for dealing with adolescent behaviour.

I recently completed the necessary training to deliver this program to parents and I am hoping to conduct this course at Erina H.S. early in Term 3, 2015. This is an open invitation for parents interested in learning new skills to move towards better, more open, communicative relationships with the adolescents in their lives.

At this stage I am asking parents who are interested in attending the course to contact me so that I can get an idea of possible numbers. The course will run in the first 3 weeks of Term 3, 2015 and will consist of three two hour sessions. These sessions will take place during school hours. The cost will be around \$12 for the Parent Workbook.

If you are interested or have questions regarding the course please contact me at Erina H.S. on 43 677 353 or by email on michael.lamm@det.nsw.edu.au

I look forward to meeting you at the course and presenting ideas and strategies that may make a difference.

Michael Lamm

School Counsellor

Registered Psychologist No. 1372238

Stewart House...



Envelopes have gone home for the Stewart House Donation Drive 2015. Your donation supports the 1800 children who attend Stewart House each year from public schools across NSW and ACT. Please send in your \$2 coin, complete entry details on the back of the envelope and return to the school office by 8th May 2015 to be in the running for a \$4000 Holiday!

Zumba Dance Groups...

Miss Roberts is starting up a kindergarten and year 1 "Zumba Dance Group". If your child is interested in joining this group, please remind them to go and see Miss Roberts in 3/4R.

Miss Roberts

Canteen News...

Hi Everyone

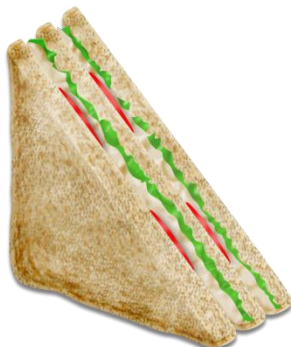
We now have everything back in stock after our crazy first week.

Please remember to tell your children to order their lunch not just to buy it. We have had some of our lovelies coming up to the counter at lunch time a little confused saying mum or dad had said to buy their lunch. We only cook lunches to order so if the order is not in by 11:30am at the latest there will only be a simple sandwich or something that can be heated in the microwave.

Thanks

Jo

Canteen Manager



Wednesday 6 th May	Help please 0414907968
Thursday 7 th May	Melissa Hogston
Friday 8 th May	Help please 0414907968
Monday 11 th May	Carlie Belgre
Wednesday 13 th May	Help please 0414907968
Thursday 14 th May	Tracey Hill
Friday 15 th May	Help please 0414907968
Monday 18 th May	Kelly Schultz
Wednesday 20 th May	Donna Ryan
Thursday 21 st May	Carmen McDonald

ICAS Competitions...

This is a reminder for all students interested in sitting the ICAS English and Mathematics competitions, that permission notes and payment must be into the school office by Friday 8th May 2015. No late entries will be accepted, and no refunds will be available if you do not sit the tests. Please see Mrs Sansom or school office for information and permission notes.

Harmony Corner...



7 May - [World Asthma Day](#) The goal of World Asthma Day is to highlight the need for every person with asthma to have a timely diagnosis, receive appropriate treatment, learn to manage their asthma, and reduce exposure to environmental factors that make his/her condition worse.

8 May - [Stewart House Day](#) Each year 1,800 public school children in need come to Stewart House from many parts of NSW and the ACT. During their stay, children are provided with optometric, dental and medical treatment as well as emotional support. This is balanced with health and educational programs and out of school activities to boost their self-esteem and to promote a healthier lifestyle. Children in the care of Stewart House attend a specific purpose school onsite for 8 days of their 12-day stay. The NSW Department of Education and Communities provides infrastructure and staffing support for this school. All others costs associated with the children's stay are met from charitable donations. Stewart House Day provides an opportunity for schools and their communities to organise special fundraising activities for Stewart House.

10 May - [Mothers' Day](#) This special day for mothers is celebrated each year on the second Sunday in May.

12 May - [International Nurses Day](#) International Nurses Day is celebrated on the day of Florence Nightingale's birth 12 May 1820.

FAIRHAVEN SERVICES
ANNUAL
FETE

Saturday, 30th May 2015

9AM to 3PM

209 Brisbane Water Drive
Point Clare, NSW

Featuring a fantastic kids lawn with
jumping castles, rides, face painting
and more

Kids Games,
rides, craft
& plants

Sausage
sizzle,
cakes &
coffee

Chocolate
Wheel &
monster
raffle

Over 60
Market
Stalls

Jake Cassar,
CC Concert
Band, Happy
Tappers

Contact us on: **(02) 4323 3566**

FAIRHAVEN SERVICES
discover | belong | celebrate