



Gosford East Public School

Corner of York Street and Webb Street, East Gosford, NSW 2250

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NEWS 'N' VIEWS

Term 1 Week 18th February 2015

From The Principal

Dear Parents and Caregivers,

Parent Information Evening

Just a reminder that our parent information evening is on this Wednesday 18th February in your child's classroom. The teachers will talk about their class program and class organisation, their expectations etc. If you ever require a meeting with your child's teacher please contact the school office who will gladly organise this for you.

Erina High Open Night

A reminder that on Wednesday 25th February from 6:00pm Erina High will be having their Open Night. I encourage both parents and their children to attend this if you are able as it is a great opportunity to see the great facilities and range of programs that are being run at Erina high. I do believe there is a sausage sizzle commencing at 5:30 prior to the event.

School App

You may not be aware that we now have a School App. It is available for both Apple and Android platforms and we are endeavouring to keep it up to date. Through this app you can receive messages and alerts about what is happening, you have access to the calendar and newsletters and even submit absence notes and get copies of notes that children bring home. If you have any questions about the app please call our office.

Support Unit Upgrade

The building that houses our Physical class and therapy room is about to get an upgrade which will make it a much nicer place to teach and learn. There will be some inconvenience while this is being built but the benefits will more than outweigh this. We will keep you informed of the progress of these building works.

This has been the most settled of any year that I have been at this school. Thank you to our great kids and teachers for all the work that they are already doing in our classrooms.

Graeme McLeod

Principal

Dates for your Calendar

REMEMBER - Canteen is always closed on Tuesdays

Day	Date	Event
Wednesday	Every week	Student Banking
2 nd Wednesday	Every month	P & C meeting in staffroom 7:00pm – All Welcome!
Friday	Every week	School Assembly from 1:45pm
Friday	Every week	Uniform Shop 2:30pm – 3:30pm
TERM 1		
Wednesday	18 th February	Parent Teacher Information Session
Thursday	19 th February	LIMS Stage 3
Monday	23 rd February	Kindergarten Students Start School 9:00am – 3pm
Week	2 nd – 6 th March	Book Fair Week
Wednesday	4 th March	World Read Aloud Day
Fortnight	9 th -20 th March	Swim Scheme – Support Classes

NSW GOVERNMENT SCHOOLS TERM DATES		
	STUDENTS' FIRST DAY	STUDENTS' LAST DAY
Term 1 2015	28 th January 2015	2 nd April 2015
Term 2 2015	21 st April 2015	26 th June 2015

NOTES HOME THIS WEEK

Swim Scheme - Support Unit

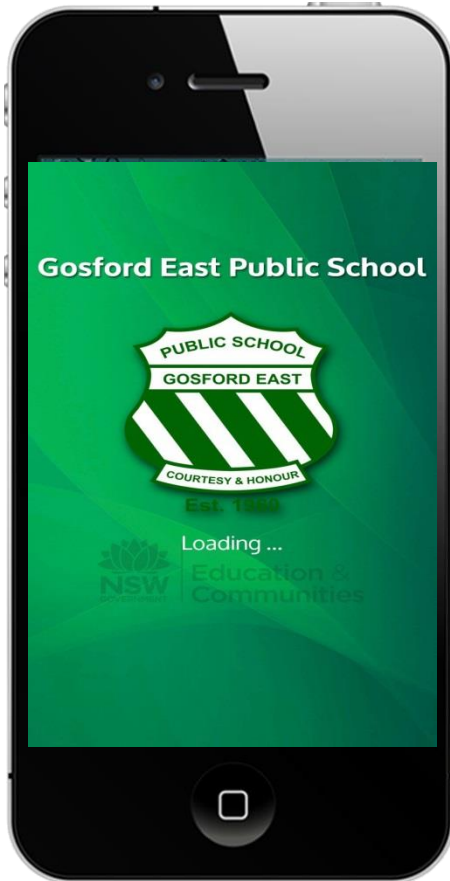
LIMS - Stage 3

Reminder - Parent Teacher Information

World Read Aloud Day

Newcastle Show

NEWS FROM THE OFFICE



Dear Parents/Caregivers,

We are pleased to inform you that as of the beginning of Term 2 this year, all newsletters will be available on our school website and school app.

We would prefer you to receive the newsletters electronically. There are many advantages to this:

- Simple to use mobile apps and website
- Your child can't forget or lose the newsletter
- Access to newsletter and information if your child is absent
- Reduced administration costs to the school
- Supports our environmental initiatives

APP - Go to app store and search for Gosford East Public School then download.

WEBSITE - www.gosfordest-p.schools.nsw.edu.au

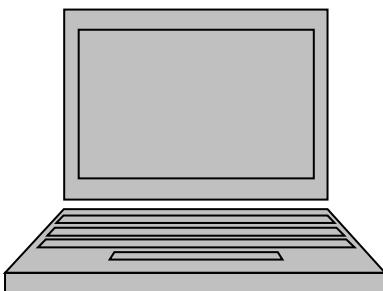
Newsletters will not be sent home as a hard copy from Term 2. However, if you do not have access to the internet at home or work, please send a note to the school office if you require a printed newsletter.

Our school Website

On our school website, you will find important information, newsletters, up to date calendar of events, copies of all notes sent home which you can print off, P&C News, Canteen price lists and lots more. It is very user friendly, and easy to read.

Our School App

The school app has newsletters, calendar, and instant updates. You can also send in absent notes for your child, submit change of details form, and access copies of all notes. Have it on your phone (Iphone or Android) or Ipad, and be up to date on all the latest information. Messages will also be made available on the app, informing you of changes to events if and when they occur.



CENTRAL COAST CHORAL FESTIVAL 2015

The students of Gosford East have been invited to participate in the Central Coast Choral Festival for 2015. **This is a very exciting event particularly suited to children that like to sing!**

The Central Coast Choral Festival is a biennial event celebrating musical achievements of students from Central Coast Department of Education and Communities primary schools. Over 1000 students from DEC public schools from across the Central Coast region will participate in what is sure to be another fabulous performance event. Students will sing as part of a massed choir in one of three shows and opportunities also exist for solo and small group performance items. Audiences are usually a sell out! A small group of approximately 20 students will participate from Gosford East. These places will be offered initially to stage 3 students and then to Stage 2. There was a cost of approximately \$25 per student the last time GEPS participated and also some costs involved in bus travel. The costs are expected to be similar this year but have not yet been confirmed. Positions will be filled by first paid in Stage 3 then opened to stage 2 if there are places available.

The students will have the opportunity to participate in the following events throughout the year:

- > **Rehearsals** - three full day combined schools rehearsals prior to the performances.
- > **Boys Choir Workshop** - new to the CCCF in 2015, a workshop run just for the boys by Australian musician Peter Lehner!!
- > **Composer Experience** - This year we are extremely fortunate to be working with well-known Australian composer Ian Jefferson.
- > **Performances** - Our school will perform on one of three days - Tuesday 20th, Wednesday 21st or Thursday 22nd October.'

Please discuss the above events with your child if they show an interest in participating in the Choral Festival to ensure they are prepared for the commitment.

This is a truly enriching opportunity for the students to participate in and I'm looking forward to sharing this exciting journey with them this year..... singing our hearts out!

Yours sincerely,

Linden Connell



CANTEEN NEWS

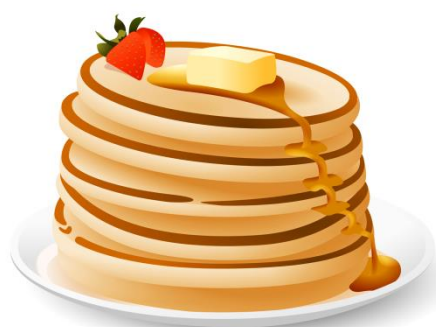
Hi Everyone

New menu out now! Check out our \$5 meal deal!

We need some helpers please - see if there is any day you can do on the roster.

Ok, must fly, you may find me squashed under the piles of pancakes that have been ordered - I think it's a record!

Thanks
Jo C



CANTEEN ROSTER		
Thursday 19 th February	Help please 0414907968	Help please 0414907968
Friday 20 th February	Help please 0414907968	Help please 0414907968
Monday 23 rd February	Kelly Schultz	Help please 0414907968
TUESDAY - CLOSED		
Wednesday 25 th February	Donna Ryan	Help please 0414907968
Thursday 26 th February	Carmen McDonald	Help please 0414907968
Friday 27 th February	Suzanne Piggott	Help please 0414907968
Monday 2 nd March	Help please 0414907968	Help please 0414907968
TUESDAY - CLOSED		
Wednesday 4 th March	Help please 0414907968	Help please 0414907968
Thursday 5 th March	Help please 0414907968	Help please 0414907968
Friday 6 th March	Kylie Ogston	Help please 0414907968
Monday 9 th March	Help please 0414907968	Help please 0414907968
TUESDAY - CLOSED		
Wednesday 11 th March	Help please 0414907968	Help please 0414907968
Thursday 12 th March	Mel Hogston	Help please 0414907968
Friday 13 th March	Tracey Hill	Help please 0414907968

Please see new menu and price list
below

STUDENT CORNER

CAUGHT YOU BEING GOOD - Peter K/1H, Noah 5/6M, Ryan 5/6M, Tegan 3-6M, Logan 3-6M, Liam 2T, John 1/2B, Tanya 1/2B, Charlotte 2S, Emily 5/6M, Niamh 5/6M, Chloe 4/5S, Samuel 4/5S, Owen 2S.

QUALITY WORK

Zoe 4/5S, Elijah 4/5S, Misha 5/6C, Zack 5/6C. Poorva 5/6M, Lara 5/6C, Levi 5/6M, Josh 5/6C, Niamh 5/6M, Thomas K-5B, William K-5B, Taylah 5/6M

HOUSE OF THE WEEK

Kiara - 25 Points

CLASS OF THE WEEK

5/6C

MERIT AWARDS



K/1H - Mia	1P - Inda	1/2B - Lucinda	2S - Reece
2T - Makedde	3/4E - Shriya	3/4R - Sione	4/5S - Taine
5/6M - Sarah	5/6C - Nakeitah	3-6M - Joseph	K-5B - Xavier
K-6W - Joshua			

TEXTBOOKS

Student textbooks that have been held in office will be returned to the Top Book Shop next week. Any children who have not paid for their textbooks yet will have to get them directly from Top Book Shop after Monday 23rd February.

PARKING AROUND THE SCHOOL

This week there have been a number of Council parking rangers, and local Police in the streets surrounding our school booking parents for parking in incorrect parking zones. Please have a good read of the attached sheet, which outlines which zones are which, where you can park and the fines payable if you do get caught.

NOTE ERROR

Please note that the note that went home this week "Parents, Grandparents and Carers for World Read Aloud Day" on Wednesday 4th March 2015, has an error down the bottom of the page regarding the Devonshire Tea return date. Please note that this date should read return to canteen by 27th February, (not 27th March). Sorry for any inconvenience caused.

HARMONY CORNER



17 February [Shrove/](#) Shrove Tuesday is the day for seeking repentance and forgiveness in preparation of Lent. It is also known as [Pancake Tuesday](#) Pancake Day. The four basic ingredients symbolise significant aspects of Easter: eggs - creation; flour - staff ([Christian](#)) of life; salt - wholesomeness; milk - purity. Pancakes are believed to bring good luck as they are made using herbs and other ingredients associated with bringing prosperity.

18 February [Ash Wednesday](#) This is the first day of Lent. In many churches ashes made from palms used in the previous year's Palm ([Christian](#)) Sunday services are used to make the sign of the cross on the foreheads of parishioners.

19 February [Lunar New Year](#) The Chinese Lunar Year begins on 19 February 2015 and is a Lunar Year of the Goat or, in some ([Year of the Goat/](#) traditions, Sheep or Ram. There are many rituals and traditions associated with the Lunar New Year ([Sheep/ Ram](#)) celebrated by the Australian Chinese, Vietnamese, Korean and general communities. Sacrificing to ancestors is an important New Year's tradition followed by a dinner for the ancestors shared by the living family. Fifteen days of celebration follow, each with a different significance. In Sydney many Australians enjoy a range of festivities including dragon boat races and grand parades.

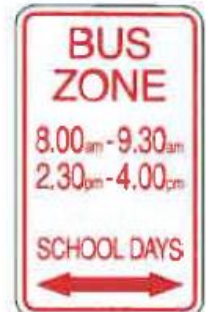
19 February [Lunar New Year](#) A new Zodiac, which aims to promote understanding of Chinese and Australian cultures, has been developed ([Australian Year](#) by the Chinese Precinct Chamber of Commerce highlighting the similarity between the characteristics of Chinese zodiac animals and Australian native animals. This involved consultations with Chinese heritage experts and experts on the characteristics of Australian native animals. The Australian Chinese Zodiac matches the Goat to the Koala. According to Chinese tradition people born in a year of the goat are elegant, highly accomplished, carefree, and shy. These same characteristics can be attributed to the Koala, elegant, shy but carefree. For the complete Australian Chinese Zodiac visit the [Chinese Precinct Chamber of Commerce's site](#).

KIDS LOOK TO US TO KEEP THEM SAFE PARK LEGALLY IN SCHOOL ZONES

BUS STOP/ZONES

Stopping is **NOT** permitted during the times shown on the sign

MINIMUM PENALTY: \$243 **PLUS** 2 demerit points



NO STOPPING ZONE

Stopping is **NOT** permitted at any time

MINIMUM PENALTY: \$243 **PLUS** 2 demerit points



NO PARKING ZONE

Drivers may drop off or pick up children during the times shown on the sign but note:

- The maximum stopping time is 2 minutes
- The vehicle must not be left unattended
- The driver must remain within 3 metres of the vehicle

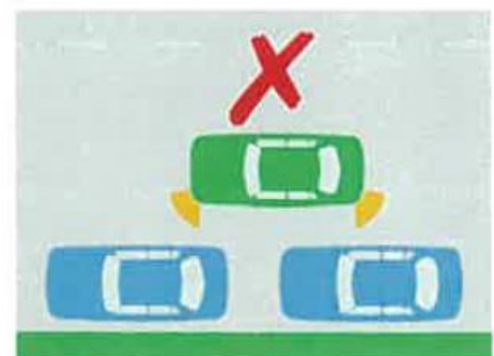
MINIMUM PENALTY: \$135 **PLUS** 2 demerit points



DOUBLE PARKING

You are not permitted to stop or park your vehicle alongside another vehicle that is already parked parallel to the kerb.

MINIMUM PENALTY: \$243 **PLUS** 2 demerit points





Gosford East Public School Canteen Menu - 18/2/15

Member NSW Canteen Association

Winner Central Coast Canteen Network Healthy School Canteen Award 10/11/12/13/14

For any information please contact Jo Chondroyiannis (Manager) on 4325 2178 or 0414 907968

BEFORE SCHOOL

Hot Milo	G	\$ 0.70	Sippahh Straw & milk	A	\$ 2.00	Apple Slinky	G	\$ 0.80
Toast & vegemite	A	\$ 0.50	Moove Choc/Straw/Banana	G	\$ 1.70	Slinky - own apple	G	\$ 0.10
Cereal in a cup	G	\$ 0.70	Plain Milk 300ml carton	G	\$ 1.50	Fruit Kebabs	G	\$ 0.50
			Macquarie Juice small	G	\$ 1.70	Fruit Cups	G	\$ 1.00

RECESS

Finger Buns - whole	**	A	\$ 1.50	Apple/Orange/OrangePassio/Appleblackcurrant		Popcorn Hot/Chicken	G	\$ 1.30
Finger Buns - half	**	A	\$ 0.75	Macquarie Juice large	A	Pihanna Snacks	A	\$ 1.00
Garlic or Cheese Bread		G	\$ 0.35	Apple/Orange/OrangePassio		Rice Snacks	A	\$ 0.80
Pikelets		G	\$ 0.30	Spring Water	G	Le Snacks	A	\$ 0.80
Mini Pizzas		A	\$ 0.35	Up & Go (choc/straw/ban/van)	G	Sultanas	G	\$ 0.60

AFTER LUNCH TREATS

Hash Browns	**	A	\$ 0.50	Playwater/Focus small	A	Mini Juice Pops		\$ 0.10
Bread Cases		A	\$ 0.60	Playwater/Focus large	A	Frozen Yoghurt		\$ 1.50
Potato Nuggets (Gems)	**	A	\$ 0.10	LOL (not avail before school)	A	Vanilla Cups		\$ 1.00
Soup - Chicken Noodle (term 2 & 3)			\$ 0.70			Jo's Juice Cups		\$ 0.60
Muffins	**	A	\$ 1.50			Paddlepops	from	\$ 1.40
Cheese & Bacon Rolls	**	A	\$ 1.50			Iceblocks		\$ 1.00
Chicken Sticks or Nuggets	**	A	\$ 0.60			Zooper Doopers		\$ 0.50
Boiled Egg	**	G	\$ 0.70			Frozen Juice Cups		\$ 0.90
						Slushies		\$ 1.50

FRUIT & SNACKS available at all times

Yoghurt	G	\$ 1.00
Custard	A	\$ 0.90
Mousse	A	\$ 0.90
Fresh Fruit	G	\$ 0.70
Carrot or Celery Sticks	G	\$ 0.50

All ice treats are Amber

** Can also be ordered for lunch



ORDERING LUNCHES Orders MUST be brought to the Canteen BEFORE 9.00am

Please make sure lunch bags are an adequate size for your child's lunch with NAME & ROOM

If no bag is supplied, a charge of 10c will be incurred. Bags are to be returned to Canteen to receive frozen treats.



HOT FOOD

SNACK PACKS	G	\$ 3.60
Lasagne, Fried Rice, Mac Cheese		
HOT DOG	A	\$ 2.50
HOT DOG & CHEESE	A	\$ 2.80
HOT CHICKEN ROLL	G	\$ 3.00
PIZZA Ham/pine or Cheese/ham	A	\$ 2.50
CHICKEN DRUMSTICK	G	\$ 2.50
COB OF CORN	G	\$ 0.90
YUMMIE DRUMMIES	A	\$ 1.20
PIE (low fat)	A	\$ 2.60
POTATO PIE (low fat)	A	\$ 2.80
SAUSAGE ROLL (low fat)	A	\$ 2.40
SPINACH & RICOTTA ROLL	A	\$ 2.40
SAUCE (Tomato or BBQ)	A	\$ 0.30
FORK/SPOON		\$ 0.05

BURGERS

All burgers come with lettuce & tomato on

them with your choice of sauce.

BEEF	G	\$ 3.50
no salad		\$ 3.00
CHEESE	G	\$ 4.00
no salad		\$ 3.50
CHICKENBURGER	G	\$ 3.50
just lettuce	A	\$ 3.30
no salad		\$ 3.00
extra for cheese		\$ 0.50

Your choice of sauce included in price

tomato, bbq, sweet chilli or caesar

SANDWICHES

LENTIL BURGER	G	\$ 4.00
Lentil pattie, lettuce, carrot, tomato, cucumber, sprouts, sour cream & sweet chilli		
BURGERS ARE ALSO AVAILABLE ON A WRAP		
INSTEAD OF A ROLL FOR AN EXTRA	\$ 1.00	
SPECIAL \$5 LUNCH PACK		
ANY \$2.50 ITEM (PIZZA, HOTDOG, DRUMSTICK)		
PLUS CORN COB & MOOVE	\$ 5.00	
COLD FOOD		
SALAD BOX	G	\$ 3.50
Lettuce, tomato, celery, carrot, beetroot, cucumber		
SALAD BOX & EGG	G	\$ 4.00
SALAD BOX & MEAT	G	\$ 4.30
Chicken or Ham		
SALAD BOX & TUNA	G	\$ 4.30
SALAD BOX & SALMON	G	\$ 4.50
SALAD BOX HAWAIIAN	G	\$ 4.10
Pineapple & Cheese		
SALAD BOX CAESAR	G	\$ 5.00
Chicken, Cheese & Egg		
LENTIL SALAD BOX	G	\$ 5.00
MINI SALAD BOX	G	\$ 2.00
FRUIT SALAD	G	\$ 3.50
FRUIT SALAD & YOGHURT	G	\$ 4.00
FRUIT SALAD & CUSTARD	G	\$ 4.00
G = GREEN CLASSIFIED FOOD		
A = AMBER CLASSIFIED FOOD		
MADE ON WHOLEMEAL OR WHITE BREAD & BUTTER	G	\$ 1.00
BUTTERED ROLL	G	\$ 1.60
VEGEMITE	A	\$ 1.20
EGG (sliced or mashed)	G	\$ 2.00
CHEESE	G	\$ 2.00
VEGEMITE & CHEESE	A	\$ 2.20
LEG HAM	A	\$ 3.00
ROAST CHICKEN	G	\$ 3.00
TUNA	G	\$ 3.00
SALMON	G	\$ 3.20
SALAD (no celery)	G	\$ 3.00
TOASTED CHEESE	G	\$ 2.50
TOASTED CHEESE / TOMATO	G	\$ 3.00
TOASTED HAM	A	\$ 3.50
TOASTED HAM / CHEESE	A	\$ 4.20
TOASTED HAM / CHEESE / TOMATO	A	\$ 4.70
TOASTED CHICKEN	G	\$ 3.50
TOASTED CHICKEN / MAYO	G	\$ 3.60
TOASTED CHICKEN / CHEESE / MAYO		\$ 4.30
EXTRAS		
Wraps		
Lettuce or Beetroot or Cucumber		\$ 1.00
Pineapple or Tomato		\$ 0.40
Egg or Cheese or Avocado		\$ 0.50
Salad		\$ 0.70
Mustard, Mayo or Sauce		\$ 1.20
Toasted		\$ 0.10
Roll		\$ 0.50