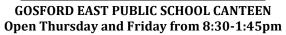


PEBBLES SNACK CAVE MENU



Canteen Manager: Leisel Donnelly 0403 429 044 Online: spriggyschools.com.au



HM - HOME MADE			GF - GLUTEN FREE	
BEFORE SCHOOL			SANDWICHES, ROLLS & WRAPS	
Toast with butter, vegemite, jam or honey		50c	On White or Wholemeal Bread	
Fresh Fruit		\$ 1.00	Wraps/Rolls - add	\$ 1.00
Hot Milo		\$ 1.00	Gluten Free Bread- add	\$ 1.50
Up & Go- Choc, Vanilla, Banana, Strawberry		\$ 2.50	Toasted add	50c
Juice- Apple, Orange, Golden Pash		\$ 2.00	Vegemite / Cheese/ Jam/ Honey	\$ 2.00
Flavoured Milk- Chocolate, Strawberry		\$ 2.00	Egg Mayo / Tuna	\$ 2.50
Yoghurt- Vanilla		\$ 1.00	Chicken / Ham / Chicken Tender	\$ 3.00
			Salad	\$ 2.50
RECESS & LUNCH SNACKS			Add-	
Fruit Salad Cup		\$ 1.50	Lettuce/Tomato/Carrot/Beetroot/Cucumber (each)	50c
Popcorn GF		\$ 1.00	Cheese	50c
Bread Cases- Chicken & Cheese sauce HM		\$ 1.00	All Salad Items	\$ 2.00
Vege Sticks – carrot & cucumber GF		\$ 1.50	HOT FOOD	
add hommus		80c	Lean Beef Pie	\$ 4.30
Chips Red Rock- Sea Salt GF / Honey Soy		\$ 1.50	Lean Potato Pie	\$ 4.80
Muffins- Choc or Blueberry		\$ 2.50	Lean Sausage Roll	\$ 3.30
Yoghurt- Vanilla		\$ 1.00	Yummy Drummies	\$ 1.40
Mini Pizza HM		50c	Butter Chicken & Rice HM GF	\$ 5.00
Pikelets HM	3 for	\$ 1.00	Mac & Cheese HM	\$ 3.50
Garlic Bread HM		50c	Beef Bolognaise	\$ 4.50
Hash Browns GF		\$ 1.00	Fried Rice HM GF	\$ 4.50
Chicken Nuggets	3 for	\$ 2.50	Nachos HM GF add cheese- 50c	\$ 4.50
Corn on cob GF		\$1.00		
CHICKEN TENDERS (GF available)			BURGERS	
Chicken Tenders		\$ 1.60	Hamburger - beef patty & sauce	\$ 4.00
Chicken Tender Mini Wrap- with lettuce & mayo		\$ 2.50	Cheeseburger - beef patty, cheese & sauce	\$ 4.50
Gluten Free Tender Mini Wrap- with lettuce &	mayo	\$ 3.00	Chicken Burger- crumbed chicken, lettuce & mayo	\$ 4.50
Gluten Free Tender Mini Wrap- with lettuce & Chicken Tenders GF	mayo	\$ 3.00 \$ 1.80	Chicken Burger- crumbed chicken, lettuce & mayo Flame Grilled Chicken Burger- with lettuce & mayo	
	mayo			\$ 4.50
			Flame Grilled Chicken Burger- with lettuce & mayo	\$ 4.50
Chicken Tenders GF			Flame Grilled Chicken Burger- with lettuce & mayo Add-	\$ 4.50 \$ 4.50
Chicken Tenders GF PIZZAS - (made in the canteen from scr		\$ 1.80	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each)	\$ 4.50 \$ 4.50 50c
Chicken Tenders GF PIZZAS - (made in the canteen from scr Cheese		\$ 1.80 \$ 3.00	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese	\$ 4.50 \$ 4.50 50c 50c
Chicken Tenders GF PIZZAS - (made in the canteen from screen) Cheese Ham & Cheese		\$ 1.80 \$ 3.00 \$ 3.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items	\$ 4.50 \$ 4.50 50c 50c
Chicken Tenders GF PIZZAS - (made in the canteen from screen from screen from screen from & Cheese Ham & Cheese Ham & Pineapple		\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS	\$ 4.50 \$ 4.50 50c 50c \$ 2.00
Chicken Tenders GF PIZZAS - (made in the canteen from scr Cheese Ham & Cheese Ham & Pineapple BBQ Chicken		\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber	\$ 4.50 \$ 4.50 50c 50c \$ 2.00
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS		\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50 \$ 4.00	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad	\$ 4.50 \$ 4.50 50c 50c \$ 2.00 \$ 3.50 \$ 5.00
Chicken Tenders GF PIZZAS - (made in the canteen from scr Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk		\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50 \$ 4.00	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad	\$ 4.50 \$ 4.50 50c 50c \$ 2.00 \$ 3.50 \$ 5.00 \$ 5.50
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk Springwater 600ml		\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50 \$ 4.00 \$ 1.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad Chicken Tender Salad	\$ 4.50 \$ 4.50 50c 50c \$ 2.00 \$ 3.50 \$ 5.00 \$ 5.50
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk Springwater 600ml Apple Juice / Orange Juice / Golden Pash		\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50 \$ 4.00 \$ 1.50 \$ 2.00	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad Chicken Tender Salad Add Cheese	\$ 4.50 \$ 4.50 50c 50c \$ 2.00 \$ 3.50 \$ 5.00 \$ 5.50
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk Springwater 600ml Apple Juice / Orange Juice / Golden Pash Chocolate / Strawberry Milk		\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50 \$ 4.00 \$ 1.50 \$ 2.00 \$ 2.00	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad Chicken Tender Salad Add Cheese FROM THE FREEZER	\$ 4.50 \$ 4.50 50c 50c \$ 2.00 \$ 3.50 \$ 5.00 \$ 5.50 \$ 5.50
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk Springwater 600ml Apple Juice / Orange Juice / Golden Pash Chocolate / Strawberry Milk Up & Go- Choc, Vanilla, Banana, Strawberry	ratch)	\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50 \$ 4.00 \$ 1.50 \$ 2.00 \$ 2.00 \$ 2.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad Chicken Tender Salad Add Cheese FROM THE FREEZER Quelch	\$ 4.50 \$ 4.50 \$ 50c \$ 2.00 \$ 3.50 \$ 5.00 \$ 5.50 \$ 5.50 \$ 50c
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk Springwater 600ml Apple Juice / Orange Juice / Golden Pash Chocolate / Strawberry Milk Up & Go- Choc, Vanilla, Banana, Strawberry Glee Sparkling 99% Juice Blackcurrant, Raspberry, Tropical, Sour Watern	ratch)	\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50 \$ 4.00 \$ 1.50 \$ 2.00 \$ 2.00 \$ 2.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad Chicken Tender Salad Add Cheese FROM THE FREEZER Quelch Juicie – Lemonade /Tropical/ Wildberry	\$ 4.50 \$ 4.50 50c 50c \$ 2.00 \$ 3.50 \$ 5.50 \$ 5.50 50c \$ 1.50
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk Springwater 600ml Apple Juice / Orange Juice / Golden Pash Chocolate / Strawberry Milk Up & Go- Choc, Vanilla, Banana, Strawberry Glee Sparkling 99% Juice Blackcurrant, Raspberry, Tropical, Sour Watern	ratch)	\$ 1.80 \$ 3.00 \$ 3.50 \$ 3.50 \$ 4.00 \$ 1.50 \$ 2.00 \$ 2.00 \$ 2.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad Chicken Tender Salad Add Cheese FROM THE FREEZER Quelch Juicie – Lemonade /Tropical/ Wildberry Vanilla Cup	\$ 4.50 \$ 4.50 \$ 50c \$ 2.00 \$ 3.50 \$ 5.00 \$ 5.50 \$ 5.50 \$ 5.50 \$ 1.50
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk Springwater 600ml Apple Juice / Orange Juice / Golden Pash Chocolate / Strawberry Milk Up & Go- Choc, Vanilla, Banana, Strawberry Glee Sparkling 99% Juice Blackcurrant, Raspberry, Tropical, Sour Watern Sour Blueberry	ratch)	\$ 1.80 \$ 3.00 \$ 3.50 \$ 4.00 \$ 1.50 \$ 2.00 \$ 2.00 \$ 2.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad Chicken Tender Salad Add Cheese FROM THE FREEZER Quelch Juicie - Lemonade /Tropical/ Wildberry Vanilla Cup Moosie - Chocolate	\$ 4.50 \$ 4.50 50c 50c \$ 2.00 \$ 3.50 \$ 5.00 \$ 5.50 50c \$ 1.50 \$ 1.50
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk Springwater 600ml Apple Juice / Orange Juice / Golden Pash Chocolate / Strawberry Milk Up & Go- Choc, Vanilla, Banana, Strawberry Glee Sparkling 99% Juice Blackcurrant, Raspberry, Tropical, Sour Watern Sour Blueberry BIRTHDAY BUCKETS- filled with Quelch ice	ratch) melon,	\$ 1.80 \$ 3.00 \$ 3.50 \$ 4.00 \$ 1.50 \$ 2.00 \$ 2.00 \$ 2.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad Chicken Tender Salad Add Cheese FROM THE FREEZER Quelch Juicie – Lemonade /Tropical/ Wildberry Vanilla Cup Moosie - Chocolate Frozen Fruit Cup- Blackcurrant	\$ 4.50 \$ 4.50 50c 50c \$ 2.00 \$ 3.50 \$ 5.50 \$ 5.50 50c \$ 1.50 \$ 1.50
Chicken Tenders GF PIZZAS - (made in the canteen from screen Cheese Ham & Cheese Ham & Pineapple BBQ Chicken DRINKS Plain Milk Springwater 600ml Apple Juice / Orange Juice / Golden Pash Chocolate / Strawberry Milk Up & Go- Choc, Vanilla, Banana, Strawberry Glee Sparkling 99% Juice Blackcurrant, Raspberry, Tropical, Sour Watern Sour Blueberry BIRTHDAY BUCKETS- filled with Quelch ice Tomato/BBQ Sauce	melon, blocks 30c	\$ 1.80 \$ 3.00 \$ 3.50 \$ 4.00 \$ 1.50 \$ 2.00 \$ 2.00 \$ 2.50	Flame Grilled Chicken Burger- with lettuce & mayo Add- Lettuce/Tomato/Carrot/Beetroot/Cucumber (each) Cheese All salad items BOXED SALADS Full Salad- Lettuce/Tomato/Carrot/Beet/Cucumber Egg or Tuna Salad Ham or Chicken Salad Chicken Tender Salad Add Cheese FROM THE FREEZER Quelch Juicie - Lemonade /Tropical/ Wildberry Vanilla Cup Moosie - Chocolate Frozen Fruit Cup- Blackcurrant Frozen Juice Cup HM	\$ 4.50 \$ 4.50 \$ 4.50 \$ 50c \$ 2.00 \$ 3.50 \$ 5.50 \$ 5.50 \$ 5.50 \$ 1.50 \$ 1.50 \$ 1.50 \$ 1.00



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GOSFORD EAST PUBLIC SCHOOL CANTEEN
Open Thursday and Friday from 8:30-1:45pm